FREE to attend!

Sheyenne Valley memory Café

A welcoming gathering for individuals living with memory loss or dementia and their family members, friends, and care partners. Enjoy guest speakers, supportive conversation, social connections, and resource information.

4th Thursday of Each Month

1:00 – 3:00 pm

Location: Faith Lutheran Church

309 4th St NE, Valley City

Come and enjoy coffee and snacks
in a welcoming and supportive environment.

For More Information Contact:
Nicole Klefstad Johnson (701) 253-6396 or
Evonne Johnson (701) 845-8518
facebook.com/sheyennevalleymemorycafe or 701.253.6396

Sheyenne Valley memory Café

Faith Lutheran Church
309 4th St NE
Valley City, ND 58072

Join us from
1 PM – 3 PM

EVENTS

- **Thursday, September 24**

  Woodcarver/Storyteller, Jerry Ness

- **Thursday, October 22**

  Medicare Part D reenrollment, Candace Johnson, Outreach Coordinator and Farmer's Union Insurance Representative

- **Thursday, November 19**

  The Power of Using the Life Story to Impact Wellbeing and Care Decisions, Red River Valley Memory Café, Deb Kaul

- **Thursday, December 17**

  Christmas Party

- **Thursday, January 22**

  Wellbeing, Teri Undem, Ph. D, R Ph.

Learn more

facebook.com/sheyennevalleymemorycafe or **701.253.6396**