

Wishek & Lehr September 2026

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of Milk, Butter and Coffee

24Monday	Tuesday	Wednesday	Thursday	Friday
Substitutions may be necessary due to product availability.	1 Chicken Ala King over Noodles Peas & Cheese Salad Breadstick Peaches	2	3 <u>Evening Meal</u> Meatballs in Gravy Mashed Potatoes Carrots Fruit Dessert	4
7 LABOR DAY	8 Reuben Sandwich w/ Sauerkraut Wedges Pears	9 MAKE UP MEAL Beef Stroganoff over Noodles Carrot Raisin Salad Applesauce	10 <u>Evening Meal</u> Shrimp Alfredo over Noodles Breadstick Mixed Veggies Fruit Dessert	11
14 Knoephla Hotdog Hotdish Sauerkraut Mashed Potatoes Orange	15 Homemade Supreme Pizza Italian Veggie Salad Cherries	16 Cheese Button Class Social w/ Cooks Coffee & Rolls	17 <u>Evening Meal</u> Sausage Cheese Buttons w/ onion Gravy Corn Fruit Dessert	18
21 Italian Sub Sandwich Wedges Pineapple	22 Tator Tot Hotdish Green Beans Mandarin Oranges	23	24 <u>Evening Meal</u> Stuffed Pork Loin Creamed Potatoes Cold Veggie Salad Fruit Dessert	25
28 Hamburger on a Bun with Fixings French Fries Apple	29 Knoephla Soup Roast Beef & Cheese Sandwiches Cucumber Salad Grapes	30		

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Diners MUST call at least 1 day prior to sign up for meals. Call by 8 am for Noon meals, by 11 am for evening meals. Late sign ups will not be accepted.	Substitutions may be necessary due to product availability. Fresh fruit served when available.		1 <u>Evening Meal</u> Country Fried Steak Mashed Potatoes & Country Gravy Corn Fruit Dessert	2
5 Hotdog on a Bun Mashed Potatoes Sauerkraut Fresh Pears	6 Salisbury Steak Hashbrown Bake Peas Apricots	7 Chicken Tortilla Soup Tortilla Chips Pumpkin Plachenda Snicker Salad Plachenda Class @ 10am	8 <u>Evening Meal</u> Turkey in Gravy Mashed Potatoes Skillet Corn Cranberry Dessert	9
12 Ham & Scalloped Potatoes Carrots Grape Salad	13 Lazy Halupsi Mashed Peaches	14	15 <u>Evening Meal</u> Roast Beef in Gravy Strudels Mixed Veggies Pumpkin Plachenda	16
19 Hot Beef Sandwiches Mashed Potatoes Corn Pineapple	20 Tilapia Filet California Blend Casserole Mandarin Oranges	21	22 <u>Evening Meal</u> Red Chicken Enchiladas Refried Beans Garlic Buttered Toast Chips & Guacamole Fruit dessert	23
26 Swiss - Cashew Salad Hamburger w/ Fixings Pumpkin Bar	27 Bacon Stir Fry over Rice Fruit Salad	28	29 <u>Evening Meal</u> Knoephla Soup Sausage Glazed Carrots Fruit Dessert	30