

Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City’s Menu for September 2026

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Substitutions may be necessary due to product availability.	1 Pork Loin Mixed Veggies Baked Potato Fresh Fruit 9:30 AM - Advisory Board Meeting 1:00 PM - Pinochle	2 Cubed Steak & Gravy Beets Mashed Potatoes Pineapple 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	3 Roast Beef Sandwich Potato Soup Pears 10:30-11:30 Healthy Living 5:30 PM - Supper Night Entrée: Taco and all Fixings Entertainment:	4 Hamburger on Bun Tomato and Lettuce Slice Pickle Macaroni Salad Tropical Fruit 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	5 Ring Sausage Squash Pickled Beets Juice Bar
6 Roast Beef & Gravy Green Beans Mashed Potatoes Apricots Dinner Roll	7 CLOSED Labor Day	8 Chicken Patty on Bun Baked Beans Augratin Potatoes Mandarin Oranges 1:00 PM - Pinochle	9 Tilapia Broccoli Rosemary Potatoes Apple slices 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	10 Egg Strata Sausage Links Hashbrown Patties Fresh Fruit Muffins	11 Sweet & Sour Diced Pork Waxed Beans Fried Rice Applesauce 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	12 Cheeseburger Pot Pie Peas & Carrots Peaches Biscuits
13 Meatloaf Capri Veggies Baked Potatoes Pineapple Dinner Roll	14 Cheddar Brat on bun Prince Edward Veggies Potato Salad Mandarin Oranges	15 Knoephla Hotdish w/ Kielbasa Sausage Lettuce Salad Peaches Crispy Bread 1:00 PM – Pinochle	16 Teriyaki Chicken Stir Fry Veggies Mashed Potatoes Pears 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	17 BBQ Meatballs Dilled Carrots Diced Potatoes Bar 10:30-11:30 Healthy Living 11:30AM – Birthday Dinner	18 Tuna Noodle Hotdish Baked Beans Fresh Fruit 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	19 Beef Stew Coleslaw Apricots Breadstick
20 Stuffed Pepper Beets Mashed Potatoes Fruit Cocktail	21 Country Fried Steak Mashed Potatoes & Country Gravy Capri Veggies Applesauce South Central Meeting	22 Chicken Parmesan Piccato Green Beans Baked Potato Pears 1:00 PM – Pinochle	23 Beef Stroganoff over Noodles Peas & Carrots Apple Slices Breadstick 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	24 Ham V-8 Juice Scrambled Eggs Hashbrown Patties Ft. Ransom Fall Tour	25 Hawaiian Pork Chops Broccoli Rice Cookie 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	26 Beer Cheese Soup Lettuce Salad Chicken Sandwich Applesauce
27 Pepper Steak Stewed tomatotes Mashed Potatoes Mandarin Oranges	28 Broccoli Chicken Alfredo Hotdish Lettuce Salad Banana Pudding	29 Cabbage Roll Mashed Potatoes Mixed Veggies Peaches 1:00 PM –Pinochle Tournament	30 BBQ Pulled Pork on Bun Baked Beans Scalloped Potatoes Apricots 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	<u>SUPPER NIGHT</u> Taco and all the fixings		

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Valley City’s Menu for October 2026

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Substitutions may be necessary due to product availability.	If there is anything on the menu you’d like to see more or less of, or if you’d like to share a recipe you’d like us to try, please let Sue in the kitchen know or call/mail in your requests! Thank you!	SUPPER NIGHT Turkey and all the fixings		1 Chicken Noodle Soup Turkey Sandwich Apricots 9:00 AM – Rolls, Coffee & Bake Sale 1:00 PM – Bingo 3:15 PM - Raffle Drawing 5:30 PM – Supper Night Entrée: Turkey & all the trimmings	2 Sloppy Joe on Bun Macaroni Salad Capri Veggies Tropical Fruit 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	3 Chicken Cordon Bleu Pickled Beets Rosemary Potatoes Fresh Fruit
4 BBQ Ribs Peas Baked Potatoes Peaches Dinner Roll	5 Creamed Chicken Green Beans Mashed Potatoes Pears	6 Chili Coleslaw Mandarin Oranges Breadsticks 9:30 AM - Advisory Board Meeting 1:00 PM – Pinochle	7 Fishwich on Bun Carrots Potato Salad Fresh Fruit 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	8 Cabbage Roll Cauliflower Scalloped Potatoes Fruit Cocktail	9 Swedish Meatballs Broccoli Mashed Potatoes Apple Slices 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	10 Popcorn Chicken Corn Potato Wedges Apicots
11 Spaghetti with Meat Sauce Peas Tropical Fruit Garlic Bread Bar	12 Chicken Kiev Corn Baby Bakers Juice	13 Knoephla Soup Lettuce Salad Italian Subs Mandarin Oranges 1:00 PM – Pinochle	14 Tator Tot Hotdish Lettuce Salad Strawberries 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	15 Peanut Butter Chicken Stir Fry Veggies Baked Potatoes Pineapple 10:30-11:30 Healthy Living 11:30 PM - Birthday Dinner	16 Biscuit & Sausage Gravy V-8 Juice Apricots 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	17 Ravioli Broccoli Fresh Fruit
18 Sheperd Pie Mixed Veggies Bar	19 Lasagna Lettuce Salad Garlic Toast Pudding	20 Tomato Soup Ham & Cheese Sandwich Cookie Salad 1:00 PM – Pinochle	21 Fried Chicken Carrots Mac & Cheese Pasta Peaches 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	22 Chipped Beef Over Biscuit Peas Pears 1PM -3PM Halloween Spooktacular	23 Apricot Glazed Pork Loin Mashed Potatoes Baked Beans Cantaloupe 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	24 BBQ Ribletts on Bun Green Beans Scalloped Potatoes Applesauce
25 Taco Loaded Potatoes Sour Cream Prince Edward Veggies Mandarin Oranges	26 BBQ Ribs Baked Potato Corn Apple slices	27 Vegetable Soup Chicken Salad Sandwich Bar 1:00 PM – Pinochle Tournament	28 Chicken Pesto w/ linguini Noodles Peas Tropical Fruit 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	29 Tilapia Rosemary Potatoes Normandy Veggies Peaches	30 Chicken Enchilada Fried Rice Wax Beans Pineapple 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	31 Salisbury Steak Cauliflower Mashed Potatoes Fruit Cocktail