

Ashley & Zeeland Menu for September 2026

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of 1 Milk, Margarine and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 Pizza Casserole Yellow Beans Peaches	3	4 Salmon Buttered Peas Baked Potato Pineapple
7 <u>CLOSED</u> LABOR DAY	8 <u>Evening Meal</u> Roast Beef Mashed Potatoes Mixed Veggies Fruit	9 Chicken Strips Cucumber Salad Sweet Potatoes Cherries	10	11 Beans & Wieners Coleslaw Fruit
14 <u>Evening Meal</u> Pork Chop Baked Potato Squash Bake Pears	15	16 Fish Carrot Raisin Salad Applesauce Parsley Potatoes	17	18 Lasagna Green Beans Pineapple Garlic Toast Fruit
21 <u>Evening Meal</u> Swiss Steak Veggies Boiled Potatoes Fruit	22 Chicken Patty on a bun w/ cheese slice Tator Tots Peas Fruit	23 BBQ's Potato Salad 3 Bean Salad Fruit	24	25
28 <u>Evening Meal</u> Cabbage Roll Mashed Potatoes Green Beans Fruit	29	30 Pulled Pork Sandwich Buttered Beets Potato Wedges Apricots	Please call at least 1 day prior to sign up for meals. By 10 am for Noon meals. By 3 pm for evening meals. No late calls!	Substitutions may be necessary due to product availability. Fresh fruit served when available.

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5 <u>Evening Meal</u> Porcupine Meatballs Corn Mashed Potatoes Applesauce	6	7 Baked Chicken Stewed Tomatoes Baked Potato Oranges	8	9 Chili Corn Bake Fruit
12 <u>Evening Meal</u> Ham Scalloped Potatoes Mixed Veggies Peaches	13	14 Hamburgers Sauerkraut Hotdish Tomato Spoon Salad Jello	15	16 Chicken Fried Steak Potatoes Corn Fruit
19 <u>Evening Meal</u> Spaghetti w/ Meat Sauce California Blend Veggies Pudding Juice	20	21 Chicken Cordon Bleu Boiled Potatoes Dilled Carrots Applesauce	22	23 Shredded Beef Sandwich Peas & Carrots Blushing ears
26 <u>Evening Meal</u> Sausage Sauerkraut Mashed Potatoes Peaches	27 Fish Potatoes Coleslaw Fruit	28 All Beef Hotdog Baked Beans 4 Way Veggies Fruit	29	30