

Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for July 2026

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Substitutions may be necessary due to product availability.</p>	<p>If there is anything on the menu you'd like to see more or less of, or if you'd like to share a recipe you'd like us to try, please let Sue in the kitchen know . Thank you!</p>		<p>1 Hamburger Hotdish Broccoli Tropical Fruit Dinner Roll</p> <p>9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study</p>	<p>2 Hamballs Califlower Mashed Potatoes Bar Dinner Roll</p>	<p>3 Tilapia Capri Veggies Baby Bakers Pears</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>4</p>  <p>HAPPY 4TH OF JULY!</p>
<p>5 Roast Beef Pickled Beets Mashed Potatoes w/ Gravy Peaches</p>	<p>6 Country Fried Steak Waxed Beans Mashed Potatoes w/ Gravy Fruit Cocktail</p>	<p>7 Chicken Wild Rice Casserole Peas Pears Dinner Roll</p> <p>9:30 AM - Advisory Board Meeting 1:00 PM - Pinochle</p>	<p>8 Beef Stew Lettuce Salad Bread Stick Fresh Fruit</p> <p>9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study</p>	<p>9 Chicken Noodle Soup Turkey Sandwich Mandrine Oranges</p> <p>10:30-11:30 Healthy Living 5:30 PM - Supper Night Entrée: Beef Stir Fry Entertainment: 3D's</p>	<p>10 BBQ Ribletts on a Bun Baked Beans Potato Salad Jello w/ Fruit</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>11 Raviolis Green Beans Applesauce Dinner Roll</p>
<p>12 Pork Chop in Gravy Broccoli Baked Potato Fruit Cocktail</p>	<p>13 Turkey Meatballs w/ Gravy Mashed Potatoes Corn Pineapple</p>	<p>14 Fishwich on Bun Swet Potato Fries Peas & Carrots Mangarin Oranges</p> <p>1:00 PM – Pinochle</p>	<p>15 Rope Sausage w/ sauerkraut Mac & Cheese Jello w/ Fruit</p> <p>9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study</p>	<p>16 Ham Green Beans Parsley Potatoes Tropical Fruit</p> <p>11:30 PM - Birthday Dinner 2pm – Pie Day</p>	<p>17 Meatballs in Spaghetti Sauce Spaghetti Noodles Coleslaw Garlic Bread</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>18 Ham & Bean Soup Egg Salad Sandwiches Lettuce Salad Pudding</p>
<p>19 Salisbury Steak Mixed Veggies Mashed Potatoes w/ Gravy Apple Sauce</p>	<p>20 Chicken Kiev Beets Oven Potatoes Peaches</p>	<p>21 Liver & Onions Carrots Mashed Potatoes & Gravy Fresh Fruit</p> <p>1:00 PM – Pinochle</p>	<p>22 Lasagna Peas Garlic Toast Mandarin Oranges</p> <p>9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study</p>	<p>23 Chef Salad Tomatoes, Cheese, Cucumber, Croutons, Diced Ham, Egg Watermelon Bread Stick</p> <p>10:30-11:30 Healthy Living 11:30AM – Birthday Dinner</p>	<p>24 Tuna Noodle Hotdish Coleslaw Pears Bread Stick</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>25 Hamburgers on Bun Pickles Chips Coleslaw Cantalope</p>
<p>26 Meatballs Capri Veggies Mashed Potatoes & Gravy Apricots</p>	<p>27 Pork & Apple Stuffing Bake Baked Beans Baby Bakers Kiwi</p> <p>Barnes County Meeting</p>	<p>28 Potato Nachos w/ Taco Meat Tomatoes, Cheese, Onions, Olives, Sour Cream Mandarine Oranges</p> <p>1:00 PM –Pinochle Tournament</p>	<p>29 Chicken Patty on Bun w/ Cheese slice Sweet Potato Puffs Peas Fresh Fruit</p> <p>9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study</p>	<p>30 Fritattas Salsa Ham Breakfast Potatoes Muffin</p> <p>Red Hawks Game – Leave Center @ 10:30am</p>	<p>31 Roast Beef & Gravy Prince Edward Baked Potato</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	

Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for August 2026

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Substitutions may be necessary due to product availability.	If there is anything on the menu you'd like to see more or less of, or if you'd like to share a recipe you'd like us to try, please let Sue in the kitchen know . Thank you!					1 Rope Sausage w/ Saurkraut Corn Mac & Cheese Pineapple
2 Swiss Steak Peas Baked Potatoes Tropical Fruit Dinner Roll	3 Pork Chop w/ Gravy Normandy Veggies Mashed Potatoes Pears	4 Chicken Harvest Bake Lettuce Salad Apricots 9:30 AM - Advisory Board Meeting 1:00 PM – Pinochle	5 BBQ Riblett on Bun Normandy Veggies Potato Salad Apple Slices 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	6 Beer Cheese Soup Chicken Salad Sandwich Mandarine Oranges 10:30-11:30 Healthy Living 5:30 PM - Supper Night Entrée: Turkey Entertainment:Tim Burchill	7 Tator Tot Hotdish Green Beans Kiwi Dinner Roll 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	8 Chicken Salad on Croissant 3-Bean Salad Watermellon Cookies
9 BBQ Chicken Corn Mashed Potatoes Applesauce	10 Beef Stew Lettuce Salad Jello w/ Fruit Bread Stick	11 Bked Ziti Prince Edward Veggies Peaches Garlic Bread 1:00 PM – Pinochle	12 Meatballs & Gravy Peas & Carrots Mashed Potatoes Pears 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	13 Chicken Alfredo Rice Bake Carrots Tropical Fruit 11:30 PM - Birthday Dinner	14 BBQ on Bun Capri Veggies Mac. Salad Mandarin Oranges 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	15 Cabbage Roll Broccoli Baby Bakers Fruit Cocktail
16 Salisbury Steak Mixed Veggies Mashed Potatoes & gravy Pears	17 Tilapia Baked Beans Baby Bakers Fresh Fruit South Central Meeting	18 Stuffed Peppers Augratin Potatoes Lettuce Salad Apricots Dinner Roll 1:00 PM – Pinochle	19 Chicken Cordon Bleu Wax Beans Oven Potatoes Peaches 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	20 Ranch Pork Chops Coleslaw Garlic Mashed Potatoes Applesauce Dinner Roll 10:30-11:30 Healthy Living 11:30 – Birthday Dinner	21 Taco Hashbrown Casserole 3-Bean Salad Tropical Fruit 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	22 Chicken Strips Peas Potato Salad Pineapple
23 Beef Strognaff over Noodles Prince Edward Veggies Apricots	24 Oven Chicken Stewed Tomatoes Baby Bakers Mandarin Oranges Dinner Roll	25 BBQ Ribs Normandy Veggies Sweet Potatos Applesauce 1:00 PM – Pinochle Tournament	26 Sausage Gravy V-8 Juice Fruit Cocktail Biscuits 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	27 Tomato Soup Turkey Sandwich Peaches	28 Swedish Meatballs Cauliflower Mashed Potatoes Tropical Fruit 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	29 Pizza Casserole Peas Pears Bread Stick
30 Chicken Parmesan Mixed Veggies Mashed Potatoes Fresh Fruit	31 Pancake Casserole V-8 Juice Cheese Omelet Peaches					