

Ashley & Zeeland Menu for January 2026

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of 1 Milk, Margarine and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please call at least 1 day prior to sign up for meals. By 10 am for Noon meals. By 3 pm for evening meals. No late calls!</p>	<p>Substitutions may be necessary due to product availability. Fresh fruit served when available.</p>		<p>1 Center CLOSED</p> 	<p>2 California burger Baked beans Jello with fruit</p>
<p>5 <u>Evening Meal</u> Chicken alfredo Mashed potatoes 4-way vegetables Fruit</p>	<p>6</p>	<p>7 Lazy Halupsie Tomato spoon salad Fruit</p>	<p>8</p>	<p>9 Fish Potato wedges Corn Fruit cocktail</p>
<p>12 <u>Evening Meal</u> Beef roast Mashed potatoes Glazed carrots Peaches</p>	<p>13</p>	<p>14 Salmon Baked potato Peas & carrots Mandarin oranges</p>	<p>15</p>	<p>16 Chicken kiev O'Brien potatoes Vegetable blend Fruit</p>
<p>19 <u>Evening Meal</u> Spaghetti & meat sauce Broccoli apple salad Pears</p>	<p>20</p>	<p>21 Pulled pork sandwich Hot potato salad Beets Apricots</p>	<p>22</p>	<p>23 Broccoli cheese soup Ham sandwich Carrot raisin salad Fruit</p>
<p>26 <u>Evening Meal</u> Ham Scalloped potatoes Green beans Pineapple</p>	<p>27 Lasagna Buttered peas Apricots</p>	<p>28 Tomato soup Meat sandwich 3 bean salad Applesauce</p>	<p>29</p>	<p>30</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Evening Meal</u> BBQ pork chop Baked potato Corn Peaches	3	4 Chicken patty Hashbrown bake Beets Oranges	5	6 Beef hot dog Mashed potatoes Sauerkraut Fruit
9 <u>Evening Meal</u> Sausage Scalloped potatoes Sweet & sour cabbage Pears	10	11 Chicken dressing cas- serole Mixed vegetables Jello	12	13 Beef tips in gravy over noodles Fruity coleslaw Apricots
16 <u>Evening Meal</u> Meatloaf Baked potato Vegetables Fruit	17	18 Tomato soup Cheese sandwich 3 bean salad Fruit	19	20 Fish Tator tots Corn black bean salad Peaches
23 <u>Evening Meal</u> Cabbage roll Baked potato Corn Fruit	24 BBQ beef on a bun Tator tots Carrots Ambrosia fruit salad	25 Chicken strips Potato Carrot raisin salad Apple slices	26	27
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