


Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for July 2025

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Substitutions may be necessary due to product availability.		1 Hamburger hotdish Broccoli Dinner roll Tropical fruit 9:30 AM - Advisory Board Meeting 1:00 PM - Pinochle	2 Ham balls Mashed potatoes Cauliflower Fruit Bar 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	3 Egg frittata Ham Breakfast potatoes Muffin Salsa 1:00 PM – Game Day	4 Center CLOSED 	5 Chef salad Tomatoes, cheese, cucumbers, diced ham, hard-boiled egg, croutons Breadstick Watermelon
6 Ham Parsley potatoes Squash Apricots	7 Meatballs & gravy Mashed potatoes Mixed vegetables Pineapple	8 Chicken with lemon herb mushroom sauce Mashed potatoes Corn Pudding Fruit 1:00 PM – Pinochle 3:00 PM - Aktion Club	9 Chipped beef over biscuit Carrots Peaches 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	10 Chicken noodle soup Roast beef sandwich Mandarin oranges 5:30 PM - Supper Night Entrée: Baked chicken Milanese Entertainment: Oakland Grove	11 Tilapia Baby bakers Capri vegetables Oreo dessert 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	12 Chicken salad on croissant 3 bean salad Grapes Bar
13 Pork chop Mashed potatoes & gravy Mixed vegetables Peaches	14 Chicken cordon bleu Oven potatoes Beets Brownie	15 Potato nachos Taco meat, tomatoes, onions, olives, cheese, sour cream Fruit cocktail 1:00 PM – Pinochle	16 Lasagna Salad Garlic breadstick Pudding Pineapple 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	17 Ham & bean soup Egg salad sandwich Salad Juice 11:30 AM - Birthday Dinner 1:00 PM – Game Day	18 Riblette on a bun Baked beans Potato salad Mandarin oranges Jello 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	19 Hamburger on bun Pickles Chips Coleslaw Cantaloupe
20 Salisbury steak Mashed potatoes & gravy Mixed vegetables Apple slices Cheesecake	21 Scalloped potatoes & ham Dinner roll Peas Apricots Cookie	22 Oven baked chicken thighs Baby bakers Prince Edward vegetables Fresh fruit 1:00 PM – Pinochle Tournament	23 Beef tips with noodles Broccoli Dinner roll Jello with fruit 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	24 Turkey meatballs in gravy Mashed potatoes Corn Pineapple 1:00 PM – Game Day	25 Swiss steak Baked potato Creamed peas Fruit crisp Juice 9:30 AM – Bone Builders Exercise 1:00 PM– Bingo	26 Ravioli Lettuce salad Green beans Dinner roll Peaches Brownie
27 Sweet & sour chicken Rice Japanese vegetables Applesauce	28 Country fried steak Mashed potatoes & country gravy Wax beans Fruit Cookie	29 Pizza casserole Breadstick Peas Pears Jello with fruit 1:00 PM – Pinochle	30 Roast beef Mashed potatoes & gravy Prince Edward vegetables Tropical fruit Bar 9:30 – Bone Builders Exercise 12:45 PM – Bible Times Bible study	31 Minestrone soup Ham salad sandwich Breadstick Juice 1:00 PM – Game Day		

Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City’s Menu for August 2025

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Substitutions may be necessary due to product availability.					1 Ranch pork chop Garlic mashed potatoes Coleslaw Applesauce 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	2 Tator tot hotdish Green beans Dinner roll Fruit
3 BBQ chicken Baby bakers Wax beans Pears Brownie	4 Beef stroganoff over noodles Salad Apricots Dinner roll	5 Oven chicken Baby bakers Stewed tomatoes Peaches 9:30 AM - Advisory Board Meeting 1:00 PM – Pinochle	6 Baked ziti Prince Edward vegetables Mandarin oranges Garlic bread 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	7 Broccoli cheese soup Ham salad sandwich Applesauce 5:30 PM - Supper Night Entrée: Salisbury steak w/ au jus Entertainment: Garrett Munro	8 Chicken wild rice casserole Broccoli Fresh fruit 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	9 Hamburger on a bun Baked beans Potato salad Tropical fruit
10 Lasagna Salad Garlic breadstick Fruit cocktail	11 Chicken kiev Oven potatoes Broccoli Mandarin oranges	12 BBQ ribs Potato salad Green beans Dinner roll Fresh fruit 1:00 PM – Pinochle 3:00 PM - Aktion Club	13 Ham Yams Corn Apricots 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	14 Biscuit & gravy Sausage Fruit cocktail Juice 1:00 PM – Game Day	15 Mexican meatballs Mashed potatoes & gravy Beets Pears 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	16 Chicken strips Cheesy hashbrowns Peas Peaches
17 Pork loin Mashed potatoes & gravy Cauliflower Cake	18 Beef tips with gravy Mashed potatoes Carrots Dinner roll Cookie	19 Chicken patty on bun Sweet potato puffs Broccoli Applesauce 1:00 PM – Pinochle	20 Italian turkey meatloaf Baked potato Beets Fruit cocktail 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	21 Cabbage roll Augratin potatoes California blend vegetables Fresh fruit 11:30 PM - Birthday Dinner 1:00 PM – Game Day	22 Chicken alfredo Lettuce salad Key West vegetables Pudding Breadstick 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	23 Rope sausage Sauerkraut Macaroni & cheese Pineapple Lemon bar
24 Chicken parmesan Parmesan mashed potatoes Mixed vegetables Peaches	25 Meatballs Mashed potatoes & gravy Peas Fresh fruit	26 Pork chop Baked potato Green beans Pineapple 1:00 PM – Pinochle Tournament	27 Hamburger casserole with French fried onions Salad Dinner roll Carrots 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	28 Chicken cordon bleu Macaroni salad Baby bakers Peaches Jello 1:00 PM – Game Day	29 Salisbury steak Mashed potatoes & gravy Mixed vegetables Apple slices 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	30 Beer cheese soup Chicken salad sandwich Pears
31 Country fried steak Mashed potatoes & country gravy V8 juice Cookie						