

Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City’s Menu for January 2025

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Substitutions may be necessary due to product availability.			1 Center CLOSED 	2 Barbeque on a bun Potato salad Baked beans Peaches 1:00 PM – Mexican Train Dominoes	3 Chicken cordon bleu Baby bakers Peas Apple slices 9:30 AM – Bone Builders Exercise 1:00 PM - Bingo	4 Vegetable beef soup Roast beef sandwich Pears
5 Pork chop Mashed potatoes & gravy Mixed vegetables Tropical fruit	6 Lemon pepper tilapia Rosemary potatoes Beets Applesauce	7 Chicken wild rice casserole Broccoli Dinner roll Pineapple 9:30 AM - Advisory Board Meeting 1:00 PM - Pinochle	8 Hamburger hotdish Dinner roll Capri vegetables Mandarin oranges 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	9 Potato soup Ham & cheese sandwich Fruit cocktail 5:30 PM - Supper Night Entrée: Turkey Entertainment: To Be Announced	10 Beef stew Lettuce salad Breadstick Fresh fruit 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	11 Cabbage roll Augratin potatoes Green beans Peaches
12 Swiss steak Mashed potatoes & gravy Peas & carrots Apple slices	13 Lasagna Garlic toast Corn Apricots	14 Grilled chicken on a bun Lettuce & tomato Sweet potato puffs Baked beans Fresh fruit 1:00 PM – Pinochle 3:00 PM - Aktion Club	15 Rope sausage Mashed potatoes Sauerkraut Carrots Pears 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	16 Omelette Sausage links Breakfast potato Juice 1:00 PM – Mexican Train Dominoes	17 Meatballs Mashed potatoes & gravy Cauliflower Tropical fruit 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	18 Chicken strips Tator tots Prince Edward vegetables Applesauce
19 Ham Yams Stewed tomatoes Pineapple	20 Hamburger on a bun Macaroni salad Wax beans Mandarin oranges	21 Chili Cornbread Coleslaw Fresh fruit 1:00 PM – Pinochle	22 Chicken pot pie over biscuit Lettuce salad Fruit cocktail 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times	23 Country fried steak Mashed potatoes & gravy Beets Peaches 11:30 AM - Birthday Dinner 1:00 PM – Mexican Train Dominoes	24 Pork loin Mashed potatoes & gravy Broccoli Apple slices 9:30 AM – Bone Builders Exercise 1:00 PM– Bingo	25 Minestrone soup Ham sandwich Apricots
26 Salisbury steak Mashed potatoes Capri vegetables Pears	27 Lemon pepper tilapia Scalloped potatoes Peas Tropical fruit	28 Taco salad with dorito chips, lettuce, cheese, tomatoes, onions, sour cream, salsa Breadstick Applesauce 1:00 PM – Pinochle Tournament	29 Stuffed peppers Oven potatoes Carrots Pineapple 9:30 – Bone Builders Exercise 12:45 PM – Bible Times	30 Tuna noodle hotdish Mixed vegetables Mandarin oranges 1:00 PM – Mexican Train Dominoes	31 BBQ chicken Baked potato Corn Fruit cocktail	

Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City’s Menu for February 2025

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Hamburger hotdish Dinner roll Green beans Peaches
2 Swedish meatballs Mashed potatoes Prince Edward vegetables Apple slices	3 Hamburger patty on bun Augratin potatoes Baked beans Apricots	4 Chicken parmesan Baby bakers Broccoli Pears 9:30 AM - Advisory Board Meeting 1:00 PM – Pinochle	5 Ham Yams Stewed tomatoes Tropical fruit 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times	6 Chicken noodle soup Turkey sandwich V8 juice 5:30 PM - Supper Night Entrée: Roast beef Entertainment: Doran Chandler, Dave Oakland, & Dean Scoular	7 Cabbage roll Oven potatoes Wax beans Applesauce 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	8 BBQ chicken Potato salad Peas & carrots Pineapple
9 Pork loin Mashed potatoes & gravy Capri vegetables Mandarin oranges	10 Chicken kiev Rosemary potatoes Mixed vegetables Fruit cocktail	11 Fishwich on bun Scalloped potatoes Beets Peaches 1:00 PM – Pinochle 3:00 PM - Aktion Club	12 Swiss steak Mashed potatoes & gravy Cauliflower Apple slices 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times	13 Pancakes Sausage links Breakfast potatoes Juice 1:00 PM – Mexican Train Dominoes	14 Chili Cornbread Coleslaw Fresh fruit 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	15 Ham & bean soup Ham salad sandwich Apricots
16 Country fried steak Mashed potatoes & country gravy Peas Pears	17 Stuffed peppers Baby bakers Corn Tropical fruit	18 Chicken pot pie over biscuit Lettuce salad Applesauce 1:00 PM – Pinochle	19 Lemon pepper tilapia Augratin potatoes Green beans Pineapple 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times	20 Pork chop Mashed potatoes & gravy Carrots Mandarin oranges 11:30 PM - Birthday Dinner 1:00 PM – Mexican Train Dominoes	21 Bratwurst on a bun Potato salad Stewed tomatoes Fruit cocktail 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	22 Tator tot hotdish Dinner roll Prince Edward vegetables Peaches
23 Ham Yams Mixed vegetables Apple slices	24 Lasagna Garlic toast Wax beans Apricots	25 Roast beef Mashed potatoes & gravy Broccoli Pears 1:00 PM – Pinochle Tournament	26 Grilled chicken Oven potatoes Baked beans Tropical fruit 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times	27 Meatloaf Baked potato Peas & carrots Applesauce 1:00 PM – Mexican Train Dominoes	28 Beef stew Lettuce salad Dinner roll Pineapple 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	Substitutions may be necessary due to product availability.