


Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City’s Menu for November 2024

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Substitutions may be necessary due to product availability.					1 Rope sausage Mashed potatoes Sauerkraut Beets Peaches 9:30 AM – Bone Builders Exercise 1:00 PM - Bingo	2 Chicken cordon bleu Rosemary potatoes Green beans Apple slices
3 Pork chop Mashed potatoes & gravy Capri vegetables Pears	4 Cabbage roll Augratin potatoes Corn Tropical fruit 1:00 PM – Mexican Train Dominoes	5 Hamburger hotdish Dinner roll Mixed vegetables Pineapple 9:30 AM - Advisory Board Meeting 1:00 PM - Pinochle	6 Lemon pepper tilapia Baby bakers Stewed tomatoes Applesauce 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	7 Chicken noodle soup Turkey sandwich V8 juice Mandarin oranges 1:00 PM – Board Games 5:30 PM - Supper Night Entrée: Roast beef Entertainment: To Be Announced	8 Lasagna Garlic toast Carrots Fruit cocktail 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	9 Beef stew Lettuce salad Dinner roll Peaches
10 Swiss steak Mashed potatoes Wax beans Apple slices	11 Hamburger on bun Macaroni salad Baked beans Fresh fruit 1:00 PM – Mexican Train Dominoes	12 BBQ ribs Baked potatoes Broccoli Pears 3:00 PM - Aktion Club 1:00 PM - Pinochle	13 Grilled chicken Scalloped potatoes Prince Edward vegetables Tropical fruit 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times Bible study	14 Egg bake Sausage link Hashbrown patty Juice 1:00 PM – Board Games	15 Meatballs Mashed potatoes & gravy Peas & carrots Pineapple 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	16 Chicken wild rice soup Ham sandwich Applesauce
17 Country fried steak Mashed potatoes & country gravy Beets Mandarin oranges	18 Chicken kiev Oven potatoes Green beans Fruit cocktail 1:00 PM – Mexican Train Dominoes	19 Bratwurst on bun Potato salad Baked beans Peaches 1:00 PM – Pinochle	20 Salisbury steak Mashed potatoes Capri vegetables Apple slices 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times	21 Taco salad Lettuce, cheese, tomatoes, onion, sour cream, salsa Breadstick 11:30 AM - Birthday Dinner 1:00 PM – Board Games	22 Pork loin Mashed potatoes Mixed vegetables Pears 9:30 AM – Bone Builders Exercise 1:00 PM– Bingo	23 Chicken strips Baby bakers Stewed tomatoes Tropical fruit
24 Swedish meatballs Mashed potatoes Corn Pineapple	25 Stuffed pepper Augratin potatoes Peas Applesauce 1:00 PM – Mexican Train Dominoes	26 Linguini noodles with pesto Diced chicken Breadstick Carrots Mandarin oranges 1:00 PM – Pinochle Tournament	27 Fishwich on bun Macaroni salad Beets Fruit cocktail 9:30 – Bone Builders Exercise 12:45 PM – Bible Times	28 Center CLOSED 	29 BBQ chicken Rosemary potatoes Cauliflower Peaches	30 Vegetable soup Roast beef sandwich Apple slices

Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City’s Menu for December 2024

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Ham Yams Stewed tomatoes Pears	2 Bratwurst on bun Potato salad Baked beans Tropical fruit 1:00 PM – Mexican Train Dominoes	3 Lasagna Lettuce salad Garlic toast Pineapple 9:30 AM - Advisory Board Meeting 1:00 PM – Pinochle	4 Lemon pepper tilapia Scalloped potatoes Broccoli Applesauce 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times	5 Tomato bisque soup Egg salad sandwich Mandarin oranges 5:30 PM - Supper Night Entrée: Meatloaf Entertainment: To Be Announced	6 Cabbage roll Baby bakers Carrots Fruit cocktail 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	7 Chicken strips Tator tots Capri vegetables Peaches
8 Meatballs Mashed potatoes & gravy Wax beans Apple slices	9 Chicken kiev Oven potatoes Beets Pears 1:00 PM – Mexican Train Dominoes	10 Beef stroganoff with beef tips Wide egg noodles Coleslaw Tropical fruit 3:00 PM - Aktion Club 1:00 PM – Pinochle	11 Swiss steak Mashed potatoes Corn Pineapple 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times	12 French toast Sausage link Breakfast potato Applesauce 1:00 PM – Board Games	13 Pork chop Baked potato Prince Edward vegetables Mandarin oranges 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	14 Tator tot hotdish Dinner roll Peas & carrots Fruit cocktail
15 Pork loin Mashed potatoes & gravy Green beans Peaches	16 Hamburger on a bun Baby bakers Baked beans Apple slices 1:00 PM – Mexican Train Dominoes	17 Spaghetti & meat sauce Breadstick Lettuce salad Pears 1:00 PM – Pinochle	18 Country fried steak Mashed potatoes & country gravy Mixed vegetables Tropical fruit 9:30 AM – Bone Builders Exercise 12:45 PM – Bible Times	19 BBQ ribs Baked potato Cauliflower Pineapple 11:30 PM - Birthday Dinner 1:00 PM – Senior Christmas Party-	20 Chili Cornbread Coleslaw Applesauce 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	21 Grilled chicken Oven potato Bets Mandarin oranges
22 Salisbury steak Mashed potatoes Stewed tomatoes Fruit cocktail	23 Fishwich on a bun Augratin potatoes Carrots Peaches 1:00 PM – Mexican Train Dominoes	24 Biscuit & gravy Sausage links Juice Apple slices 11:30 AM – Christmas Eve Brunch	25 Center CLOSED 	26 Stuffed pepper Yukon diced potatoes Capri vegetables Pears 1:00 PM – Board Games	27 Chicken pot pie over biscuit Lettuce salad Tropical fruit 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	28 Broccoli cheese soup Ham sandwich V8 juice Pineapple
29 Roast beef Mashed potatoes & gravy Corn Applesauce	30 Swedish meatballs Mashed potatoes Green beans Mandarin oranges 1:00 PM – Mexican Train Dominoes	31 Pancakes Scrambled eggs Diced potatoes Juice 11:30 AM – New Year’s Eve Brunch	1 Center CLOSED 			Substitutions may be necessary due to product availability.