

LaMoure / Dickey / Marion & Edgeley's Menu September 2024

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of 1% Milk, Margarine and Coffee

LaMoure Senior Center ~ 701-883-5088

Edgeley Senior Center ~ 701-493-2569

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Pork loin Mashed potatoes & gravy Baked beans Apples	4 Sweet & sour meatballs Fried rice Chinese vegetables Pineapple	5 Hamburger hotdish Augratin potatoes Peas Pears	6 Ham Baby bakers Corn Fruit
9	10 Roast beef Mashed potatoes & gravy Brussels sprouts Mandarin oranges	11 Chicken Baked potato Green beans Tropical fruit	12 Taco salad Cookie Fruit	13 Beef stew Peas Pears Dinner roll Fruit
16	17 BBQ ribs Sweet potatoes Broccoli Peaches	18 Rope sausage Mashed potatoes Sauerkraut Fruit	19 Chicken & dumplings Carrots Pumpkin bar	20 BBQ on bun Potatoes Green beans Fruity jello
23	24 Cod Potatoes Corn Pears	25 Spaghetti with meat sauce Peas Garlic bread Applesauce	26 Ham salad sandwich on a bun Pasta salad Apricots	27 Stuffed cabbage rolls Mashed potatoes Peas Tropical fruit
30			Substitutions may be necessary due to product availa- bility.	Please call by 8 AM the day of to sign up for or to cancel for dinner!!

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Monday	Tuesday	Wednesday	Thursday	Friday
Substitutions may be necessary due to product availability.	1 Beef stroganoff with noodles Carrots Fruit cocktail	2 Chicken Potato salad Baked Beans Peaches	3 Fish French fries Coleslaw Apricots	4 Rope sausage Sauerkraut Mashed potatoes Fruit
7	8 Tuna casserole Peas Apple	9 5 bean hotdish Garlic bread Pickled beets Pears	10 Baked chicken Potatoes Mixed Vegetables Fruit salad	11 Bratwurst Baked beans Cheesy potatoes Peaches
14	15 Stuffed peppers Mashed potatoes Broccoli Apricots	16 Tator tot hotdish Green beans Oranges	17 BBQ ribs Potatoes Beets Cook surprise	18 Meatloaf Baked potatoes Corn Fruit
21	22 Sweet & sour meatballs Rice California Blend Vegetables Pineapple	23 Lemon pepper fish French fries Peas Pears	24 Pork chop Mashed potatoes & gravy Carrots Apple bar	25 Pizza hotdish Broccoli Fruit
28	29 Rope sausage Sauerkraut Mashed potatoes Peaches	30 Chili Coleslaw Cornbread Pumpkin bar	31 Chicken Potatoes Baked beans Dirt cake	Please call by 8 AM the day of to sign up for or to cancel for dinner!!