


## LaMoure / Dickey / Marion & Edgeley's Menu July 2024

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of 1% Milk, Margarine and Coffee

LaMoure Senior Center ~ 701-883-5088

Edgeley Senior Center ~ 701-493-2569

Monday	Tuesday	Wednesday	Thursday	Friday
1 Five been casserole Pasta salad Pickled beets Pears	2 Rope sausage Sauerkraut Baby bakers Tropical fruit	3 BBQ chicken Potato salad 3 bean salad Watermelon	4 Center CLOSED 	5 Center CLOSED
8 Ham Sweet potatoes Corn Rhubarb bars	9 Sweet & sour meatballs Fried rice Vegetable blend Egg roll Applesauce	10 Chicken & dumplings Pasta salad Fruit cocktail	11 Tator tots Corn Garlic bread Peaches	12 BBQ ribs Cheesy hashbrowns Vegetable Fruit
15	16 Spaghetti with meat sauce Peas Fruit in jello	17 Taco salad Breadstick Tropical fruit	18 Sweet & sour pork Rice Asian vegetables Mandarin oranges	19 Chicken Mashed potatoes & gravy Green beans
22	23 Roast beef Mashed potatoes & gravy Corn Pears	24 Cod Potatoes Broccoli Fruit	25 Ham salad sandwich Pasta salad 3 bean salad Apricots	26 Chicken casserole Carrots Garlic bread Fruit
29	30 Pork chop Mashed potatoes & gravy Beets Peaches	31 Salmon loaf Coleslaw Baked potatoes	<b>Substitutions may be necessary due to product availability.</b>	<b>Please call by 8 AM the day of to sign up for or to cancel for dinner!!</b>

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<b>Substitutions may be necessary due to product availability.</b>	<b>Please call by 8 AM the day of to sign up for or to cancel for dinner!!</b>		1 Meatloaf Baked potatoes Green beans Rhubarb bars	2 Taco salad Breadstick Pineapple
5	6 Swiss steak Mashed potatoes Side salad Green beans Tropical fruit	7 Pigs in a blanket Sweet potato Peas Pears	8 Chicken salad sandwich Cheesy hashbrowns Beets Fruit	9 Roast beef Mashed potatoes & gravy Creamed corn Peaches
12	13 Meatloaf Baked potatoes Green beans Peaches	14 Lemon pepper fish Sweet potatoes Carrots Applesauce	15 Chicken stir fry Rice Oriental vegetables Watermelon	16 Salisbury steak Mushroom gravy Mashed potatoes Carrots Fruit
19	20 Rope sausage Mashed potatoes Green beans Tropical fruit	21 Tuna noodle casserole Cucumber salad Beets Mandarin oranges	22 Ham salad sandwich Pasta salad Baked beans Rhubarb bars	23 Pork chop Mashed potatoes & gravy Peas Fruit in jello
26	27 Tator tot hotdish Peas Garlic bread Pineapple	28 Bratwurst Potatoes Carrots Peaches	29 Chicken alfredo over noodles Mixed vegetables Breadstick	30 Fish sandwich Beets Augratin potatoes Applesauce