

Gackle Menu for July 2024

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of 1% Milk, Margarine and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cabbage roll Mashed potatoes Corn Fruit	2 Fish sandwich Au gratin potatoes Applesauce Coleslaw	3 Salisbury steak Mashed potatoes Carrots Fruit	4 Center CLOSED 	5
8 Chicken lasagna Garlic toast Green beans Fruit	9 Sloppy joes Peas & carrots Tator tots Pears	10 BBQ ribs Baked sweet potato Tossed salad Fruit	11	12
15 Tilapia Potatoes Coleslaw Fruit	16 Chicken & noodles Peas Applesauce	17 Pork roast Strudels Potatoes & carrots Fruit	18	19
22 Chicken & noodles Peas Tossed salad Grapes	23 Pork chop Potatoes Green beans Fruit	24 Meatloaf Potatoes Brussels sprouts	25	26
29 Hamburger steak Baked potatoes Tossed salad Fruit	30 Roast beef Mashed potatoes Corn Fruit	31 Chicken cordon bleu O'Brien potatoes Green beans Fruit	Substitutions may be necessary due to product availability.	

Gackle Menu for August 2024

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of 1% Milk, Margarine and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
	Substitutions may be necessary due to product availability.		1	2
5 Salisbury steak Mashed potatoes Carrots Fruit	6 BBQ ribs Baked sweet potato Tossed salad Fruit	7 Meatballs Mashed potatoes Vegetables Fruit	8	9
12 Chicken on a bun Potatoes Lettuce Broccoli Fruit	13 Meatloaf Potatoes Corn Fruit	14 Chicken & dumplings Potatoes & carrots Fruit	15	16
19 Spaghetti Tossed salad Green beans Fruit	20 Swiss steak Mashed potatoes Vegetables Fruit	21 Goulash Green beans Tossed salad Fruit	22	23
26 Chicken lasagna Beans Tossed salad Garlic toast Fruit	27 Tilapia Sweet potatoes Coleslaw Fruit	28 Turkey Dressing Mashed potatoes Carrots Fruit	29	30