

Gackle Menu for March 2024

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of 1% Milk, Margarine and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
	Substitutions may be necessary due to product availability.			1
4 Chicken & noodles Peas Tossed salad Grapes	5 Salisbury steak & mushroom gravy Mashed potatoes Carrots Fruit	6 Turkey Mashed potatoes Carrots Applesauce	7	8
11 BBQ chicken Broccoli Baked potatoes Oranges	12 Tilapia Sweet potatoes Coleslaw Fruit	13 Pork roast Strudels Potatoes & carrots Fruit	14	15
18 Cabbage roll Mashed potatoes Green beans Fruit	19 Beef ravioli Broccoli Tossed salad Chicken strips Fruit	20 BBQ chicken Baked potatoes Broccoli & carrots Oranges	21	22
25 Stuffed peppers Mashed potatoes Broccoli Fruit	26 Fish on a bun Au gratin potatoes Carrots Applesauce	27 Chicken Dumplings Carrots Potatoes Fruit	28	29

Gackle Menu for April 2024

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of 1% Milk, Margarine and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken strips Fettuccini noodles Carrots Tossed salad Peaches	2 Meatballs Noodles Mixed vegetables Applesauce	3 Roast beef Mashed potatoes Vegetables Fruit	4	5
8 Orange chicken Rice Vegetable Tossed salad Fruit	9 Meatloaf Baked potatoes Green beans Fruit	10 Ham Scalloped potatoes Stewed tomatoes Fruit	11	12
15 Tilapia Sweet potatoes Coleslaw Fruit	16 Lasagna Beans Tossed salad Fruit	17 Pork roast Strudels Carrots & potatoes Fruit	18	19
22 Chicken cordon bleu O'Brien potatoes Vegetables Pears	23 Pork chop Potatoes Green Beans Fruit	24 Hamburger steak Sweet potatoes Corn Fruit	25	26
29 Chicken Potatoes Carrots Fruit	30 Stroganoff with noodles Tossed salad Corn Peaches		Substitutions may be necessary due to product availability.	