

Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for November 2022

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Substitutions may be necessary due to product availability.</p>		<p>1 Fish sticks Potato wedges Carrots Brownie</p> <p>9:30 AM - Advisory Board 1:15 PM - Pinochle</p>	<p>2 BBQ ribs Baked potato Peas Tropical fruit</p> <p>9:30 AM - Bone Builders Exercise 1:15 PM - Whist</p>	<p>3 Sauerkraut hotdish Broccoli Dinner roll Peanut butter bar</p> <p>1:00 PM - Board Games</p>	<p>4 Pork loin Mashed potatoes & gravy Capri vegetables Rice Krispy treat</p> <p>9:30 AM - Bone Builders Exercise 1:00 PM - Bingo</p>	<p>5 Chicken sandwich on a bun Potato wedges Corn Jello</p>
<p>6 Salisbury steak Mashed potatoes & gravy Mixed vegetables Double chocolate cake</p>	<p>7 Chicken & dumplings Rice Asparagus Fresh fruit</p> <p>1:15 PM - Whist Tournament</p>	<p>8 Taco salad Breadstick Pudding</p> <p>1:15 PM - Pinochle</p>	<p>9 Beef stew Dinner roll Spice cake</p> <p>9:30 AM - Bone Builders Exercise 1:15 PM - Whist</p>	<p>10 Egg bake Bacon Hashbrown patties Danish</p> <p>11:30 AM - Brunch 1:00 PM - Board Games</p>	<p>11 Meatballs Mashed potatoes & gravy Prince Edward vegetables Cookies</p> <p>9:30 AM - Bone Builders Exercise 1:00 PM - Bingo</p>	<p>12 Tomato bisque Tuna fish on a croissant Broccoli & cauliflower w/ ranch Pears</p>
<p>13 Country fried steak Mashed potatoes & gravy Carrots Fruit crisp</p>	<p>14 Brat on a bun Sauerkraut Wedges Mixed fruit</p> <p>1:15 PM - Whist</p>	<p>15 Tator tot hotdish Corn Dinner roll Lemon bar</p> <p>1:15 PM - Pinochle</p>	<p>16 Barbeque on a bun French fries Peas Mandarin oranges</p> <p>9:30 AM - Bone Builders Exercise 1:15 PM - Whist</p>	<p>17 Ham Baked potato Baked beans Jello Birthday Cake</p> <p>11:30 AM - November Birthdays Dinner 1:00 PM - Board Games</p>	<p>18 Tuna noodle hotdish Peas Dinner roll Chocolate chip bar</p> <p>9:30 AM - Bone Builders Exercise 1:00 PM - Bingo</p>	<p>19 Spaghetti & meatballs Lettuce salad Garlic toast Peaches</p>
<p>20 Chipped beef Rice Wax beans Pumpkin cake</p>	<p>21 Fishwich Potato wedges Cauliflower Cookie</p> <p>1:15 PM - Whist</p>	<p>22 Chicken cordon bleu Rosemary potatoes Brussels sprouts Applesauce</p> <p>1:15 PM - Pinochle</p>	<p>23 Swiss steak Stewed tomatoes Baked potato w/ sour cream Pudding</p> <p>9:30 AM - Bone Builders Exercise 1:15 PM - Whist</p>	<p>24 Center CLOSED</p> 	<p>25 Ring sausage Mashed potatoes Sauerkraut Fresh fruit</p> <p>9:30 AM - Bone Builders Exercise 1:00 PM - Bingo</p>	<p>26 Wisconsin cheddar cheese soup Ham sandwich w/ cheese Broccoli florets Cookie</p>
<p>27 Pork roast Mashed potatoes & gravy Baby carrots Fruity jello</p>	<p>28 Hamburger on a bun Yukon potatoes Baked beans Tropical fruit</p> <p>1:15 PM - Whist</p>	<p>29 Roast beef Mashed potatoes & gravy Corn Dinner roll Yellow cake</p> <p>1:15 PM - Pinochle Tournament</p>	<p>30 Chili Cornbread Lettuce salad Apple slices</p> <p>9:30 AM - Bone Builders Exercise 1:15 PM - Whist</p>			



Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for December 2022

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Substitutions may be necessary due to product availability.	1 Chicken casserole Lettuce salad Dinner roll Bar 1:00 PM – Board Games	2 Beef stew Dinner roll Carrot cake 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	3 Loaded baked potato soup Beef sandwich Coleslaw Pears
4 Swedish meatballs Mashed potatoes Beets Blondie bar	5 Chipped beef Mashed potatoes Key West vegetables Peaches 1:15 PM – Whist	6 Hamburger hotdish Peas Dinner roll Cake 1:15 PM – Pinochle	7 Salisbury steak Mashed potatoes Broccoli Mandarin oranges 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	8 Pancakes Sausage links Breakfast potatoes Caramel roll 11:30 AM – Brunch 1:00 PM – Board Games	9 Lasagna Lettuce salad Breadstick Cookie 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	10 Chicken alfredo with noodles Lettuce salad Garlic toast Two tone dessert
11 Ham Baked potato Baked beans Bar	12 Meatballs Mashed potatoes & gravy Cauliflower Muffin 1:15 PM – Whist	13 Taco salad Breadstick Pudding 12:00 PM - NARFE 1:15 PM – Pinochle	14 Pork chop Mashed potatoes & gravy Japanese vegetables Bar 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	15 Roast beef Mashed potatoes & gravy Carrots Birthday cake 11:30 AM – December Birthdays Dinner 1:00 PM – Board Games	16 Sauerkraut hotdish Dinner roll Corn Peaches 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	17 Chicken noodle soup Chicken salad sandwich Coleslaw Cookie
18 Country fried steak Mashed potatoes & gravy Capri vegetables Rhubarb upside down cake	19 Chicken kiev Augratin potatoes Carrots Tropical fruit 1:15 PM – Whist	20 Tuna noodle hotdish Peas Dinner roll Pudding 1:15 PM – Pinochle	21 BBQ ribs Baked potato Asparagus Mixed fruit 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	22 Cheeseburger hotdish Corn Dinner roll Spice cake 1:00 PM – Board Games	23 Egg Frittata Bacon Diced potatoes Cinnamon roll 9:30 AM – Bone Builders Exercise 11:30 AM – Christmas Eve brunch 1:00 PM – Bingo	24 Chef salad w/ chicken, eggs, cheese, tomatoes, onion Garlic bread Jello 
25 Center CLOSED 	26 Brat on a bun Sauerkraut Potato wedges Fresh fruit 1:15 PM – Whist	27 Chili Cornbread Lettuce salad Pears 1:15 PM – Pinochle Tournament	28 Swiss steak Stewed tomatoes Mashed potatoes Cookie 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	29 Chicken casserole Key West vegetable Whipped jello 1:00 PM- Board Games	30 French toast Sausage links Breakfast potatoes Danish 9:30 AM - Bone Builders Exercise 11:30 AM – New Year's Eve brunch 1:00 PM - Bingo	31 Vegetable beef soup Beef sandwich Lettuce salad Cake 