


Gackle Menu for July 2022

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of 1% Milk, Margarine and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Substitutions may be necessary due to product availability.</p>				1
<p>4</p> 	<p>5</p> <p>Chicken strips Macaroni & cheese Beans Pears Dessert</p>	<p>6</p> <p>Pork ribs Scalloped potatoes Peas & carrots Peaches Dessert</p>	<p>7</p> <p>Fish sandwich Creamed potatoes Coleslaw Applesauce</p>	8
<p>11</p> <p>Spaghetti Meat sauce Corn Pears Dessert</p>	<p>12</p> <p>BBQ on bun Potato salad Pea salad Watermelon Dessert</p>	<p>13</p> <p>Pork roast Strudels Potatoes & carrots Applesauce</p>	14	15
<p>18</p> <p>Tilapia Potato wedges Coleslaw Peaches Dessert</p>	<p>19</p> <p>Meatloaf Baked potato Peas & carrots Applesauce Dessert</p>	<p>20</p> <p>Ham Scalloped potatoes Corn Pears Dessert</p>	21	22
<p>25</p> <p>Cabbage roll Mashed potatoes Corn Pears</p>	<p>26</p> <p>Pork rib sandwich Potato salad Broccoli salad Peaches</p>	<p>27</p> <p>Chicken & rice Peas & carrots Applesauce</p>	28	29

Gackle Menu for August 2022

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of 1% Milk, Margarine and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
1 Lasagna Corn Garlic bread Pears	2 Knoephla Sauerkraut Ham Peaches	3 Fish sandwich Macaroni salad Peas Applesauce	4	5
8 Hamburger on bun Potato wedges Broccoli salad Peaches	9 Chicken cordon bleu Rice Peas & carrots Applesauce	10 Pork ribs Baked potato Oranges	11	12
15 Pork chops Rice Peas & carrots Pears	16 Chicken breast Baked potato Beans Cherries	17 Roast beef Strudels Potatoes & carrots Watermelon	18	19
22 Cabbage roll Scalloped potatoes Beans Applesauce	23 Hamburger steak Potato wedges Corn Peaches	24 Chicken Dumplings Carrots Pears	25	26
29 Salisbury steak Mashed potatoes Peas Oranges	30 Beef stroganoff over noodles Beans Tator tots Pears	31 Meatloaf Baked potato Corn Peaches		Substitutions may be necessary due to product availability.