


Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for May 2022

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Swedish meatballs Mashed potatoes Baby carrots Blueberry dump cake	2 Macaroni hotdish Green beans Dinner roll Fresh fruit 1:15 PM – Whist Tournament	3 Beef tips in gravy over rice Peas & carrots Jello 9:30 AM – Advisory Board 1:15 PM – Pinochle	4 Rope sausage Sauerkraut Mashed potatoes Carrots Brownies 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	5 Steak fajitas Taquitos Churro 1:30 - 2:30 PM – Mother's Day Tea Please sign up	6 Chili Cornbread Coleslaw Pears 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	7 Tuna fish on croissant Macaroni salad Chips Cookie
8 Mother's Day Stuffed pork chop Mashed potatoes & gravy Dinner roll Corn White cake	9 Cabbage roll Augratin potatoes Carrots Applesauce 1:15 PM – Whist	10 Fishwich Macaroni & cheese Broccoli Chocolate cake 1:15 PM – Pinochle	11 Beef roast Mashed potatoes & gravy Corn Dinner roll Fruit cocktail 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	12 French toast Bacon Diced potatoes Apple slices	13 Spaghetti w/ meatballs Garlic toast Lettuce salad Pudding 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	14 Chicken chow mein Chinese vegetables Rice Mandarin oranges
15 Country fried steak Mashed potatoes & country gravy Green beans Apple crisp	16 Hamburger on a bun Potato wedges Baked beans Peaches 1:15 PM – Whist	17 Ham Sweet potatoes Key West vegetables 7 layer bar 1:15 PM – Pinochle	18 Lasagna Lettuce salad Garlic toast Cookie 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	19 Potato crusted cod Baked potatoes Wax beans Special K bar 11:30 AM – Birthday Dinner	20 Pork loin Mashed potatoes Creamed peas Dinner roll Whipped jello 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	21 Cheeseburger macaroni hotdish Lettuce salad Applesauce
22 Salisbury steak Mashed potatoes & gravy Carrots Spice cake	23 Brat on a bun Potato wedges Beets Pudding 1:15 PM – Whist	24 Chicken alfredo over noodles Lettuce salad Dinner roll Mandarin oranges 1:15 PM – Pinochle	25 Barbeque on a bun Potato salad Coleslaw Tropical fruit 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	26 Turkey Mashed potatoes & gravy Cheesy green beans Dinner roll Pie	27 BBQ ribs Baked potatoes Creamed corn Apricots 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	28 Summer sausage & cheese sandwich Zesty Italian salad Cookie
29 Chicken parmesan Ceasar salad Breadstick Pudding	30 Center CLOSED 	31 Chicken kiev Baby bakers Carrots Fresh fruit 1:15 PM – Pinochle Tournament			Substitutions may be necessary due to product availability.	Some activities have resumed. Check the calendar for dates and times.

Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for June 2022

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Some activities have resumed. Check calendar for dates & times.	Substitutions may be necessary due to product availability.		1 Swedish meatballs Mashed potatoes Wax beans Rice Krispy treat 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	2 Pollock wings Rosemary potatoes Corn Pears	3 Chipped beef Rice Peas Peanut butter bar 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	4 Chicken salad on a croissant Potato salad Chips Cookie 2-4 PM – June Parker's 90 th Birthday Open House
5 Pork loin Mashed potatoes & gravy Squash Dinner roll Cake	6 Oven chicken Macaroni & cheese Green beans Apple slices 1:15 PM – Whist	7 Beef tips in gravy Parmesan potatoes Corn Pudding 9:30 AM - Advisory Board 1:15 PM – Pinochle	8 Hamburger stroganoff Brussels sprouts Breadstick Jello 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	9 Egg bake Sausage Breakfast potatoes Muffin	10 Rope sausage Sauerkraut Mashed potatoes Pickled beets Fruit cocktail 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	11 Beef sandwich 3 bean salad Pears Salted caramel bar
12 Swedish meatballs Mashed potatoes & gravy Capri vegetables Sour cream raisin bar	13 Chicken cordon bleu Baby bakers Baked beans Peaches 1:15 PM – Whist	14 Tator tot hotdish Prince Edward vegetables Breadstick Cookie 1:15 PM – Pinochle	15 Fishwich Potato wedges Peas & carrots Cheesecake 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	16 Cranberry chicken Sliced boiled potatoes Key West vegetables Applesauce 11:30 AM – Birthday Dinner	17 Beef roast Mashed potatoes & gravy Corn Dinner roll Pudding 9:30 AM – Bone Builders Exercise 1:00 PM – Bingo	18 Hamburger on a bun Macaroni salad Coleslaw 7 layer bar
19 Father's Day Swiss steak Stewed tomtatoes Parsley potatoes Fruit crisp Father's Day Treat	20 Ham Yams Wax beans Fresh fruit 1:15 PM – Whist	21 Tuna noodle hotdish Peas Dinner roll Mandarin oranges 1:15 PM – Pinochle	22 Turkey Mashed potatoes & gravy Dressing Baby carrots Pumpkin bar 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	23 Brat on a bun Potato wedges Beets Poke cake	24 Chicken casserole Cheesy green beans Dinner roll Cookie 9:30 AM – Bone Builders Exercise 1:00 PM - Bingo	25 Egg salad sandwich Tomato cucumber salad Brownie
26 Sweet & sour meatballs Baked potatoes Japanese vegetables Pudding	27 Lasagna Lettuce salad Garlic toast Tropical fruit 1:15 PM – Whist	28 Chicken & dumplings over rice Asparagus Cake 1:15 PM – Pinochle Tournament	29 Pork chop Mashed potatoes & gravy Corn Dinner roll Whipped jello 9:30 AM – Bone Builders Exercise 1:15 PM – Whist	30 BBQ ribs Baked potatoes Creamed peas Pineapple		