

Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for March 2022

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Some activities have resumed. Check the calendar for dates and times.</p>		<p>1 Ham Yams Peas & carrots Pie</p> <p>9:30 AM – Advisory Board 1:15 PM – Pinochle</p>	<p>2 Country fried steak Mashed potatoes & country gravy Wax beans Pudding</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>3 Swiss steak Parsley potatoes Green beans Pears</p>	<p>4 Fish Baby bakers Mixed vegetables Applesauce</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>5 Riblette on a bun Yukon potatoes Corn Cookie</p>
	<p>6 Meatballs Mashed potatoes & gravy Carrots Brownie</p>	<p>7 Brat on a bun Potato wedges Beets Pineapple</p> <p>1:15 PM – Whist Tournament</p>	<p>8 Chicken cordon bleu Augratin potatoes Peas Peaches</p> <p>12 Noon – NARFE 1:15 PM – Pinochle</p>	<p>9 Turkey Mashed potatoes & gravy Cheesy green beans Dinner roll Cheesecake</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>10 Egg bake Sausage Breakfast potatoes Caramel roll</p>	<p>11 Fish Parmesan potatoes Baby carrots Jello</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>
<p>13 BBQ chicken Scalloped potatoes Corn Fruit crisp</p>	<p>14 Pork chop Stuffing Mashed potatoes & gravy Diced beets Pears</p> <p>1:15 PM – Whist</p>	<p>15 Cheeseburger hotdish Mixed vegetables Dinner roll Fruit cocktail</p> <p>1:15 PM – Pinochle</p>	<p>16 BBQ on a bun Chips Lettuce salad Apricots</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>17 St. Patrick's Day Corned beef Cabbage Potatoes & carrots Brownie</p>	<p>18 Fish Augratin potatoes Green beans Cookie</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>19 Chili Cornbread Coleslaw Apple rings</p>
<p>20 Roast beef Mashed potatoes & gravy Wax beans Dump cake</p>	<p>21 Oven chicken Baby bakers Baked beans Pudding</p> <p>1:15 PM – Whist</p>	<p>22 Tator tot hotdish Peas Dinner roll Mandarin oranges</p> <p>1:15 PM – Pinochle</p>	<p>23 Chipped beef Mashed potatoes Key West vegetables Carrot cake</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>24 Pulled pork on a bun Wax beans French fries Jello</p>	<p>25 Fish Potato wedges Capri vegetables Chocolate cake</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>26 Knoephla soup Ham salad on a croissant Chips Apple slices</p>
<p>27 Salisbury steak Mashed potatoes & gravy Dinner roll Cheesecake</p>	<p>28 Rope sausage Sauerkraut Mashed potatoes Corn Peaches</p> <p>1:15 PM – Whist</p>	<p>29 Lasagna Lettuce salad Garlic bread Cookie</p> <p>1:15 PM – Pinochle Tournament</p>	<p>30 Chicken casserole Cheesy green beans Dinner roll Pudding</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>31 Meatloaf Baked potato Carrots Tropical fruit</p>		


Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for April 2022

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Some activities have resumed. Check calendar for dates & times.</p>	<p>Substitutions may be necessary due to product availability.</p>				<p>1 Fishwich Macaroni & cheese Baby carrots Jello</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>2 Chicken noodle soup Chicken salad sandwich Chips Pears</p>
<p>3 Pork loin Augratin potatoes Green beans Spice cake Dinner roll</p>	<p>4 Chipped beef Mashed potatoes Corn Peaches</p> <p>1:15 PM – Whist</p>	<p>5 Macaroni hotdish Peas Mixed fruit</p> <p>9:30 AM - Advisory Board 1:15 PM – Pinochle</p>	<p>6 BBQ ribs Baked potato Wax beans Cookie</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>7 Biscuit & gravy Sausage Hashbrown patty Danish</p>	<p>8 Fish Baby bakers Beets Mandarin oranges</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>9 Lasagna soup Lettuce salad Garlic toast Pudding</p>
<p>10 Chicken kiev Parsley potatoes Carrots Chocolate cake</p>	<p>11 Country fried steak Mashed potatoes & country gravy Key West vegetables Pears</p> <p>1:15 PM – Whist</p>	<p>12 Riblette on a bun Seasoned potatoes Baked beans Cheesecake</p> <p>12 Noon - NARFE 1:15 PM – Pinochle</p>	<p>13 Roast beef Mashed potatoes & gravy Corn Jello</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>14 Grilled Chicken Baby bakers Sweet potatoes 7 layer bar</p>	<p>15 Tuna noodle hotdish Peas Dinner roll Peaches</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>16 BBQ on a bun Potato wedges Carrots Cookie</p>
<p>17 Happy Easter Center CLOSED</p> 	<p>18 Breaded chicken on a bun Augratin potatoes Peas & carrots Mandarin oranges</p> <p>1:15 PM – Whist</p>	<p>19 Beef stew Lettuce salad Dinner roll Pound cake</p> <p>1:15 PM – Pinochle</p>	<p>20 Turkey Mashed potatoes & gravy Green beans Fresh fruit</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>21 Ham Scalloped potatoes Broccoli Apple rings</p>	<p>22 Swiss steak Mashed potatoes Stewed tomatoes Rice Krispy treat</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM - Bingo</p>	<p>23 Knoephla soup Summer sausage & cheese sandwich Chips Whipped jello</p>
<p>24 Salisbury steak Mashed potatoes Capri vegetables Cheesecake</p>	<p>25 Chicken parmesan Baked potato Wax beans Tropical fruit</p> <p>1:15 PM – Whist</p>	<p>26 Lasagna Lettuce salad Garlic toast Carrot cake</p> <p>9:30 AM – Advisory Board 1:15 PM – Pinochle Tournament</p>	<p>27 Beef tips in gravy Mashed potatoes Corn Pineapple</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>28 Sauerkraut hotdish Breadstick Coleslaw Jello</p>	<p>29 Chicken cordon bleu Baby bakers Peas Chocolate chip bar</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM - Bingo</p>	<p>30 Chicken casserole Key West vegetables Dinner roll Pudding</p>