

Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for November 2021

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Some activities have resumed. Check the calendar for dates and times.</p>	<p>1 Polish sausage on a bun Sauerkraut Potato salad Tropical fruit</p> <p>1:15 PM – Whist Tournament</p>	<p>2 Swiss steak Mashed potatoes Stewed tomatoes Brownies</p> <p>9:30 AM – Advisory Board 1:15 PM – Pinochle</p>	<p>3 Lasagna Lettuce salad Garlic toast Cookie</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>4 BBQ on a bun Macaroni salad Baked beans Jello</p>	<p>5 Roast beef Mashed potatoes & gravy Corn Rice Krispy treat</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>6 Tator tot hotdish Mixed vegetables Dinner roll Apple slices</p>
<p>7 Pork chop Mashed potatoes & gravy Wax beans 7 layer bar</p>	<p>8 Chicken fritters Baked potato French green beans Apricots</p> <p>1:15 PM – Whist</p>	<p>9 Fish Rosemary potatoes Carrots Pineapple</p> <p>1:15 PM – Pinochle</p>	<p>10 Chicken cordon bleu Augratin potatoes Broccoli Cheesecake</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>11 Egg bake Sausage links Breakfast potatoes Muffin</p>	<p>12 BBQ ribs Baby bakers Yams Fruit cocktail</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>13 Lasagna soup Garlic bread Lettuce salad Blondie bar</p>
<p>14 Meatballs Mashed potatoes & gravy Corn Apple crisp</p>	<p>15 Hamburger on a bun Baked beans Potato wedges Peaches</p> <p>1:15 PM – Whist</p>	<p>16 Country fried steak & gravy Mashed potatoes Peas Peanut butter bar</p> <p>1:15 PM – Pinochle</p>	<p>17 Chipped beef Rice Capri vegetables Apricots</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>18 Turkey Mashed potatoes & gravy Stuffing Green bean casserole Pumpkin pie</p>	<p>19 Ring sausage Sauerkraut Mashed potatoes Pickled beets Applesauce</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>20 Chicken strips Oven potatoes Coleslaw Jello w/fruit</p>
<p>21 Salisbury steak Mashed potatoes Asparagus Cheesecake</p>	<p>22 Cabbage roll Baby bakers Key West vegetables Pears</p> <p>1:15 PM – Whist</p>	<p>23 Pork loin Mashed potatoes & gravy Corn Rice Krispy treat</p> <p>1:15 PM – Pinochle</p>	<p>24 BBQ on a bun Chips Salad Jello</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>25 Center CLOSED</p> 	<p>26 Chicken sandwich Potato wedges Green beans Tropical fruit</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>27 Center CLOSED</p>
<p>28 Center CLOSED</p>	<p>29 Chicken kiev Scalloped potatoes Baked beans Fresh fruit</p> <p>1:15 PM – Whist</p>	<p>30 Beef stew Lettuce salad Dinner roll Pudding</p> <p>1:15 PM – Pinochle Tournament</p>	<p>Substitutions may be necessary due to product availability.</p>			


Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for December 2021

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Some activities have resumed. Check calendar for dates & times.</p>	<p>Substitutions may be necessary due to product availability.</p>		<p>1 Chili Cornbread Coleslaw Apple rings</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>2 Fish on a bun French fries Baby carrots Special K bar</p>	<p>3 Roast beef Mashed potatoes Corn Brownies</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>4 BBQ meatballs Macaroni salad Peas Pears</p>
<p>5 Swedish meatballs Mashed potatoes Wax beans Cookie</p>	<p>6 Chipped beef Rice Green beans Apricots</p> <p>1:15 PM – Whist Tournament</p>	<p>7 Brat on a bun Potato chips Lettuce salad Blondie bar</p> <p>9:30 AM – Advisory Board 1:15 PM – Pinochle</p>	<p>8 BBQ ribs Baked potatoes Baked beans Applesauce</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>9 French toast Sausage links Hashbrown patty Caramel roll</p>	<p>10 Pork loin Rosemary potatoes Carrots Jello</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>11 Pizza burger on a bun Potato wedges Key West vegetables Chocolate cake</p>
<p>12 Salisbury steak Mashed potatoes Brussels sprouts Apple crisp</p>	<p>13 Chicken cordon bleu Baby bakers Capri vegetables Fruit cocktail</p> <p>1:15 PM – Whist</p>	<p>14 Saurekraut hotdish Broccoli Dinner roll Peanut butter bar</p> <p>1:15 PM – Pinochle</p>	<p>15 Ham Sweet potatoes Corn Pudding Dinner roll</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>16 Lasagna Lettuce salad Garlic bread Peaches</p>	<p>17 Tator tot hotdish Peas Yellow cake</p> <p>9:30 AM – Bone Builders Exercise 1:00 PM – Bingo</p>	<p>18 Knoephla soup Ham sandwich Fresh vegetables Fresh fruit</p>
<p>19 Turkey Mashed potatoes & gravy Green beans 7 layer bar</p>	<p>20 Hamburger on a bun Oven potatoes Squash Mandarin oranges</p> <p>1:15 PM – Whist</p>	<p>21 Beef stew Lettuce salad Breadstick Jello</p> <p>1:15 PM – Pinochle</p>	<p>22 Swiss steak Parsley potatoes Stewed tomatoes Cookie</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>23 Corn dog Potato wedges Beets Apple rings</p>	<p>24 Ham Frittata Breakfast potatoes Muffin</p> <p>9:30 AM – Bone Builders Exercise 11:30 AM – Christmas Eve Brunch</p>	<p>25 Center CLOSED</p> 
<p>26 Country fried steak Mashed potatoes & gravy Carrots Danish</p>	<p>27 BBQ meatballs Baby bakers Key West vegetables Pineapple</p> <p>1:15 PM – Whist</p>	<p>28 Cabbage roll Baked potatoes Wax beans Chocolate cake</p> <p>1:15 PM – Pinochle Tournament</p>	<p>29 Chicken thighs Rosemary potatoes Peas Peanut butter bar</p> <p>9:30 AM – Bone Builders Exercise 1:15 PM – Whist</p>	<p>30 Wisconsin cheese soup Ham sandwich Broccoli florets Cookie</p>	<p>31 Biscuits & gravy Sausage Links Juice Pears</p> <p>9:30 AM – Bone Builders Exercise 11:30 AM – New Years Eve Brunch</p>	<p>1 Center CLOSED</p> 