


Carrington's Menu for September 2021 (652-3257)

All Meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and Dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Pepper steak Mashed potatoes Creamed corn Bar Pinochle	3 Beef roast Mashed potatoes & gravy California blend vegetables Sauce Music by Roger Lauckner – 12:30PM Golf	4 Public cards Pinochle Tournament 1 PM
5	6 Center CLOSED 	7 Creamed chicken breast Mashed potatoes Prince Edward vegetables Sauce Whist	8 Barbeques Baby bakers Peas Bar Mexican Train Dominoes	9 Pork chop Mashed potatoes & gravy Broccoli Mixed fruit Cribbage	10 Tilapia Parsley potatoes Carrots Bar Golf	11 Public cards Pinochle Tournament 1 PM
12	13 Sweet & sour chicken breast Baked potato Japanese vegetable Sauce Board Meeting – 10:30 AM Quarterly Meeting 12:30 PM Pool	14 Cabbage roll Mashed potatoes Salad Peas & carrots Dump cake Pinochle	15 Potluck @ Noon	16 Salisbury steak Augratin potatoes Corn Cake Whist	17 Polish sausage Sauerkraut Mashed potatoes Mixed vegetables Sauce Mexican Train Dominoes	18 Public cards Pinochle Tournament 1 PM
19	20 Cube steak Mashed potatoes & gravy Beets Sauce Activity Meeting – 9:30 AM Pool	21 Chicken cordon bleu casserole Parsley potatoes Broccoli Sauce Cribbage	22	23 Meatballs & gravy Mashed potatoes Green beans Sauce Cookie Pinochle	24 BBQ ribs Baked potato Baked beans Corn Bar Golf	25 Public cards Pinochle Tournament 1 PM
26	27 Country fried steak Mashed potatoes & country gravy California blend vegetables Bar Pool	28 Stuffed pepper Augratin potatoes Carrots Jello with fruit Pinochle	29	30 BBQ pork on a bun Baby bakers Carrots Pie Mexican Train Dominoes		

Carrington's Menu for October 2021 (652-3257)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Spaghetti & meat sauce Lettuce salad Garlic toast Sauce Cookie Whist	2 Public cards Pinochle Tournament 1 PM
3	4 Polish sausage Sauerkraut Mashed potatoes Mixed vegetables Sauce Pool	5 Chicken broccoli casserole Cheesy rice Bar Cribbage	6	7 Swedish meatballs Mashed potatoes Prince Edward vegetables Dump cake Pinochle	8 Tilapia Baked potato Carrots Sauce Golf	9 Public cards Pinochle Tournament 1 PM
10	11 BBQ on a bun Potato wedges Corn Peaches Pool	12 Lasagna Lettuce salad Mixed vegetables Bar Pinochle	13 Potluck @ Noon	14 Beer cheese soup Turkey sandwich Carrots Sauce Mexican Train Dominoes	15 Country fried steak Mashed potatoes & country gravy Broccoli Bar Whist	16 Public cards Pinochle Tournament 1 PM
17	18 Meatloaf Baby bakers California blend vegetables Bar Pool	19 Pork roast Mashed potatoes & gravy Peas Sauce Cribbage	20	21 Sweet & sour chicken breast Mashed potatoes Broccoli Moon cake Pinochle	22 Beef stew Lettuce salad Corn Breadstick Poke cake Golf	23 Public cards Pinochle Tournament 1 PM
24	25 Calico beans Corn bread Lettuce salad Juice Cake Pool	26 Tahitian chicken Mashed potatoes Japanese vegetables Sauce Mexican Train Dominoes	27	28 Tuna hotdish Peas Bar Whist	29 Roast beef Mashed potatoes & gravy Corn Sauce Cribbage	30 Public cards Pinochle Tournament 1 PM