


**Serving Times:**

**Monday – Friday - 11:30 AM**

**Saturday - 12:00 PM Sunday - 12:30 PM**

## Valley City's Menu for November 2020

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Ham Yams Mixed vegetables Cake	2 Honey mustard chicken Baby bakers Peas & carrots Pineapple  9:30 AM – Advisory Board	3 Beef stew Coleslaw Breadstick Pears	4 Pork chops Mashed potatoes & gravy Wax beans Bar	5 Roast beef Baked potato Capri vegetables Fruit	6 Cabbage rolls Augratin potatoes Carrots Dinner Roll	7 Chicken drummies Yukon potatoes Green beans Jello with fruit
8 Salisbury Steak Mashed Potatoes & gravy Peas Dump cake	9 Oven Chicken Baby Bakers Prince Edward Vegetables Pudding	10 Pork roast Mashed potatoes & gravy Corn Applesauce  12 Noon – NARFE	11 Lasagna Lettuce salad Garlic toast Cookie	12 Biscuits & gravy Ham Breakfast potatoes Fruit salad	13 BBQ chicken Oven potatoes Mixed vegetables Apricots	14 Ham salad on croissant Soup Applesauce
15 Meatballs Mashed potatoes & gravy Baby carrots Brownie	16 Chicken cordon bleu Augratin potatoes Green beans Apple rings	17 Hamburger on a bun Macaroni & cheese Corn Cookie	18 Beef tips over rice Prince Edward vegetables Pineapple	19 Turkey Mashed potatoes & gravy Green bean casserole Stuffing Pumpkin pie	20 Tator tot hotdish Breadstick Peas & carrots Pudding	21 Calico beans Cornbread Carrot raisin salad Pears
22 Cranberry chicken Baked potatoes Creamed corn Cheesecake	23 Riblette on a bun Yukon potatoes Mixed vegetables Tropical fruit	24 Swiss steak Parsley potatoes Key West vegetables Jello	25 Hamburger hotdish Green beans Breadstick Bar	26 <b>Center CLOSED</b> 	27 Rope sausage Mashed potatoes Sauerkraut Capri vegetables Peaches	28 Hot dog on a bun Baked beans Corn Cookie
29 Pork chop Mashed potatoes & gravy Peas Pie	30 Cabbage rolls Augratin potatoes Carrots Apricots					<b>Activities are currently postponed until further notice. We will announce when activities are able to resume.</b>


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## Valley City's Menu for December 2020

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Activities are currently postponed until further notice. We will announce when activities are able to resume.</b></p>		<p>1 Country fried steak Mashed potatoes &amp; country gravy Green beans Dump cake</p>	<p>2 Chicken kiev Augratin potato Prince Edward vegetables Applesauce</p>	<p>3 Spaghetti &amp; meat sauce Lettuce salad Garlic toast Pears</p>	<p>4 Fish Baby bakers Corn Pudding</p>	<p>5 Barbeque on a bun Baked beans Potato salad Apple rings</p>
	<p>6 Pepper steak Mashed potatoes &amp; gravy Peas &amp; carrots Fruit crisp</p>	<p>7 BBQ chicken Yukon potatoes Wax beans Pudding</p> <p>9:30 AM – Advisory Board</p>	<p>8 Beef stew Coleslaw Breadstick Tropical fruit</p> <p>12 Noon – NARFE</p>	<p>9 Pork chop Mashed potatoes &amp; gravy Peas Peaches</p>	<p>10 Egg frittata Ham Hashbrown patty Cinnamon roll</p>	<p>11 Lasagna Lettuce salad Garlic toast Cookie</p>
<p>13 Beef tips over Mashed potatoes Creamed corn Cake</p>	<p>14 Hamburger on a bun Baked beans Baby carrots Pears</p>	<p>15 Chicken Alfredo over noodles Peas &amp; carrots Jello with fruit</p>	<p>16 Roast beef Mashed potatoes &amp; gravy Green beans Dump cake</p>	<p>17 Ribs Sauerkraut Baked potato Corn Fruit cocktail</p>	<p>18 Cranberry chicken Scalloped potatoes Peas Pineapple</p>	<p>19 Chili Cornbread Coleslaw Cookie</p>
<p>20 Swiss steak Mashed potatoes Key West vegetables Cheesecake</p>	<p>21 Riblette on a bun Baked beans Corn Apricots</p>	<p>22 Chicken cordon bleu Baked potatoes Wax beans Bar</p>	<p>23 Cabbage rolls Augratin potatoes Carrots Pudding</p>	<p>24 Pancake on a stick Breakfast potatoes Scrambled eggs Applesauce</p>	<p>25 <b>Center CLOSED</b></p> 	<p>26 Chicken drummies Yukon potatoes Peas &amp; carrots Cookie</p>
<p>27 Roast beef Mashed potatoes &amp; gravy Creamed peas Brownie</p>	<p>28 BBQ meatballs Scalloped potatoes Prince Edward vegetables Pineapple</p>	<p>29 Oven chicken Mashed potatoes &amp; gravy Corn Pudding</p>	<p>30 Hamburger hotdish Dinner roll Green beans Poke cake</p>	<p>31 French toast Sausage Oven potatoes Apple rings</p>	<p>1 <b>Center CLOSED</b></p> 