


Carrington's Menu for September 2020 (652-3257)

All Meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and Dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Swiss steak Mashed potatoes Carrots Bar Pinochle	2	3 Oven fried chicken Mashed potatoes Green beans Sauce Mexican Train Dominoes	4 Burger on a bun Potato salad Coleslaw Cake Bingo	5
6	7 Center CLOSED 	8 Salisbury steak Potatoes Creamed corn Sauce Whist	9 Ribs with sauerkraut Mashed potatoes Prince Edward vegetables Cake Cribbage	10 BBQ on a bun Macaroni salad Lettuce Dup cake Golf	11 Pork roast Mashed potatoes Squash Vanilla pudding with mandarin oranges Bingo	12
13	14 Sweet & sour chicken Baked potato Peas Bar Board Meeting – 12:30 PM Business Meeting – 1 PM Pool	15 Meatballs Mashed potatoes Corn Bread pudding Pinochle	16 Potluck – 12 Noon	17 Hamballs Mashed potatoes 3 bean salad Cake Mexican Train Dominoes	18 Fish Baby bakers California blend vegetables Jello Music: Yvonne & the other guy – 12:30 PM Bingo	19
20	21 Pepper steak Mashed potatoes Scalloped corn Sauce Whist	22 Lasagna Lettuce salad Garlic toast Cake Cribbage	23	24 Tator tot hotdish Mixed vegetables Bar Golf	25 Shredded pork on a bun Baby bakers Green beans Moon cake Bingo	26
27	28 BBQ chicken breast Baked potato Broccoli Bar Activity Meeting – 9 AM Pool	29 Meatloaf Scalloped potatoes Beets Sauce Pinochle	30			

Carrington's Menu for October 2020 (652-3257)

All Meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and Dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Pork chops Mashed potatoes Carrots Tropical fruit Mexican Train Dominoes	2 Cheeseburger on a bun Oven fries Baked beans Pudding Bingo	3
4	5 Fish Baby bakers Peas Brownie Golf	6 Beef roast Mashed potatoes Prince Edward vegetables Jello with fruit Cribbage	7	8 Polish sausage with sauerkraut Mashed potatoes Corn Raisin bar Whist	9 Swedish meatballs Mashed potatoes Squash Cake Bingo	10
11	12 Vegetable beef soup Grilled cheese sandwich Lettuce salad Bar Juice Board Meeting – 10:30 AM Pool	13 Steak in gravy Potato Harvard beets Pudding Pinochle	14	15 Ham Sweet potatoes Peas & carrots Applesauce Mexican Train Dominoes	16 BBQ chicken Baked potato Green beans Upside down cake Bingo	17
18	19 Meatloaf Scalloped potatoes California blend vegetables Pumpkin bar Cribbage	20 Pork roast Mashed potatoes Scalloped corn Pineapple Golf	21 Potluck – 12 Noon	22 Tuna noodle casserole Peas Jello with fruit Pinochle	23 Fish Parsley potatoes Carrots Cake Bingo	24
25	26 Cabbage roll Mashed potatoes Peas Lemon bar Pool	27 Creamed chicken breast Mashed potatoes Green beans German Chocolate cake Whist	28	29 Meatballs Mashed potatoes Wax beans Peaches Mexican Train Dominoes	30 Salisbury steak Potatoes Broccoli Pudding Bingo	31 Halloween 