


Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for January 2018

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Center CLOSED 	2 Beef stroganoff Mashed potatoes Corn Fruit 1:15 PM – Pinochle	3 Oven chicken Cheesy hashbrowns Carrots Cake 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	4 Soup Sandwich Juice Fruit 5:30 PM Supper Entrée: Roast beef Entertainment: To Be Announced	5 Fish Scalloped potatoes Peas & carrots Pudding 9:30 AM – Bone Builders' Exercise 1 PM – Bingo	6 Hotdog on a bun Baked beans Macaroni salad Cookie
7 Chicken cordon bleu Au gratin potatoes Green beans Pie	8 Teriyaki chicken Fried rice Broccoli Pudding 9:30 AM – Advisory Board 1:15 PM – Whist Tournament	9 Turkey Yams Key West vegetables Fruit 12 Noon - NARFE 1:15 PM – Pinochle	10 Ham Baby bakers Mixed vegetables Cookie 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	11 Salisbury steak Mashed potatoes & gravy Corn Jello with fruit 1:15 PM – Pinochle Day	12 Hamburger hotdish Peas Roll Brownie 9:30 AM – Bone Builders' Exercise 1 PM – Bingo	13 Egg salad on croissant Chicken soup Fruit
14 Cranberry chicken Baked potato Peas & carrots Fruit crisp	15 Stuffed bell peppers Oven potatoes Carrots Pudding 1:15 PM - Whist	16 Chicken alfredo over noodles Peas Roll Cheesecake 1:15 PM – Pinochle	17 Lasagna Lettuce salad Garlic toast Bar 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	18 Soup Sandwich Fruit Juice 5:30 PM Supper Entrée: BBQ ribs Entertainment: Dean Scoular, Dave Oakland, & Doran Chandler	19 Fish Au gratin potatoes Creamed peas Pudding 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	20 Tator tot hotdish Green beans Breadstick Fruit
21 Pork roast Mashed potatoes & gravy Mixed vegetables Cake	22 BBQ riblette on a bun Baby bakers Corn Fruit 1:15 PM - Whist	23 Oven chicken Cheesy hashbrowns Carrots Bar 1:15 PM – Pinochle	24 Country fried steak Mashed potatoes & Country gravy Baked beans Pudding 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	25 Baked ziti Lettuce salad Breadstick Cookie 1:15 PM – Pinochle Day	26 Roast beef Mashed potatoes & gravy Green beans Fruit 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	27 Calico beans Cornbread Side salad Jello
28 Ham Scalloped potatoes Capri vegetables Dump cake	29 Swiss steak Mashed potatoes Wax beans Cookie 1:15 PM - Whist	30 Cabbage rolls Au gratin potatoes Carrots Pudding 1:15 PM – Pinochle Tournament	31 Beef stew Lettuce salad Roll Brownie 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist			

Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for February 2018

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Soup Sandwich Fruit Juice 5:30 PM Supper Entrée: Meatballs Entertainment: To Be Announced	2 Fish Baby bakers Corn Pudding 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	3 Chicken salad on croissant Pork-n-beans Macaroni salad Fruit
4 Salisbury steak Mashed potatoes & gravy Green beans Cheesecake	5 Chicken cordon bleu Scalloped potatoes Mixed vegetables Fruit 9:30 AM – Advisory Board 1:15 PM – Whist Tournament	6 Beef tips & gravy over Mashed potatoes Wax beans Cake 1:15 PM – Pinochle	7 Teriyaki chicken Fried rice Carrots Pudding 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	8 Hamburger hotdish Corn Roll Fruit 1:15 PM – Pinochle Day	9 Oven chicken Augratin potatoes Prince Edward vegetables Bar 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	10 Chili Cornbread Side salad Cookie
11 Meatballs Mashed potatoes & gravy Peas & carrots Fruit crisp	12 Chicken alfredo over noodles Peas Pudding 1:15 PM - Whist	13 Lasagna Lettuce salad Garlic toast Fruit 12 Noon - NARFE 1:15 PM – Pinochle	14 Happy Valentine's Day Meatloaf Mashed potatoes Corn Cake  9:30 AM – Bone Builders' Exercise 1:15 PM – Whist	15 Soup Sandwich Fruit Juice 5:30 PM Supper Entrée: Oven chicken Entertainment: To Be Announced	16 Rope sausage Mashed potatoes Sauerkraut Fruit 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	17 Chicken chunks Augratin potatoes Wax beans Pudding
18 Pork chops Mashed potatoes & gravy Green beans Poke cake	19 Happy President's Day Cranberry chicken Oven potatoes Stuffing Fruit  1:15 PM - Whist	20 Swiss steak Mashed potatoes & gravy Corn Cookie 1:15 PM – Pinochle	21 Country fried steak Mashed potatoes & Country gravy Peas & carrots Cheesecake 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	22 Spaghetti with meat sauce Lettuce salad Garlic toast Fruit 1:15 PM – Pinochle	23 Cabbage rolls Augratin potatoes Carrots Pudding 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	24 Chicken patty on a bun Macaroni & cheese Green beans Cookie
25 Pot roast Potatoes Carrots Dump cake	26 BBQ meatballs Parsley potatoes Mixed vegetables Fruit 1:15 PM - Whist	27 Honey mustard chicken Scalloped potatoes Peas Bar 1:15 PM – Pinochle Tournament	28 Stuffed bell peppers Oven potatoes Corn Pie 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist			