

Kulm, Jud & Gackle Menu for March 2019

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of 1% Milk, Margarine and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
4 Chicken breast Rice Green beans Peaches	5 Pork chops Mashed potatoes Corn Pineapple	6 BBQ ribs Party potatoes Squash Applesauce	7 <u>Kulm Meals</u> Meatloaf Baked potato Peas Pears	8
11 Salisbury steak Mashed potatoes Corn Fruit cocktail	12 Ham Knephla Potatoes Sauerkraut Fruit	13 Cabbage rolls Mashed potatoes Peas Fruit	14 <u>Kulm Meals</u> Spaghetti Creamed cabbage Grapes	15
18 Meatloaf Baked potato Peas Apricots	19 Beef knephla hotdish Potatoes Corn Fruit	20 Hamburger steak Party potatoes Green beans Peaches	21 <u>Kulm Meals</u> Sausage Lazy cheese buttons Mixed vegetables Pineapple	22
25 Lasagna Green beans Lettuce salad Fruit	26 <u>Gackle Supper</u> Pork chops Mashed potatoes Corn Pears	27 Pork roast Potatoes Strudels Carrots Applesauce	28 <u>Kulm Meals</u> Swiss steak Mashed potatoes Peas Fruit	29

Kulm, Jud & Gackle Menu for April 2019

All meals include ~ 2 slices of Whole Grain Bread, 1 Cup of 1% Milk, Margarine and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
1 Baked chicken Scalloped potatoes Beets Peaches	2 Tilapia Potato California blend vegetables Cherries	3 Hot beef Mashed potatoes Corn Cantaloupe	4 <u>Kulm Meals</u> Swedish meatballs Mashed potatoes Carrots Apricots	5
8 Hamburger casserole Pease & carrots Apple crisp	9 Chicken Potatoes Dumplings Carrots Pears	10 Pork chops Rice Peas & carrots Pineapple	11 <u>Kulm Meals</u> Sausage Fry bread Mashed potatoes Sauerkraut Fruit	12
15 Salisbury steak Mashed potatoes Corn Fruit	16 Pork roast Potatoes Strudels Beets Fruit	17 Chicken bacon Swiss Knephla soup Celery Fruit	18 <u>Kulm Meals</u> Chicken fried steak Mashed potatoes California blend vegetables Fruit	19
22 Baked cod Parsley potatoes Peas & carrots Apricots	23 <u>Gackle Supper</u> Swiss steak Mashed potatoes Mixed vegetables Fruit	24 Hamburger Green bean casserole Fruit cocktail	25 <u>Kulm Meals</u> Beef stew Carrots Potatoes Grapes	26
29 Ham Scalloped potatoes Corn Applesauce	30 Cabbage rolls Mashed potatoes Corn Fruit			