


Cooperstown/Binford Menu for September 2017

Lunch is served at 11:30 AM and Supper is served at 6 PM. Doors open at 5:30 PM

All meals include ~ Bread, Milk, Margarine and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken kiev Baby bakers Peas & carrots Cookie
4 Labor Day Center CLOSED 	5 Meatloaf Mashed potatoes Corn Fruit	6 BBQ Chicken Baked potatoes Carrots Bar	7 Supper Night Entrée: Ham	8 Roast beef Mashed potatoes & gravy Wax beans Pudding
11 Lasagna Lettuce salad Garlic toast Pudding	12	13 Parslied pork chop Baby red potatoes Corn Jello with fruit	14	15 Shredded beef on a bun Hashbrowns Green bean bake Cake
18 Hamburger hotdish Coleslaw Green beans Dump cake	19	20 Meatballs Mashed potatoes & gravy Carrots Cheesecake	21 Supper Night Entrée: Parmesan Chicken	22 Fish Baby bakers Key West vegetables Cookie
25 Cabbage rolls Augratin potatoes Carrots Fruit	26	27 Meatloaf Mashed potatoes Green beans Brownie	28	29 Salisbury steak Mashed potatoes & gravy Corn Fruit

Cooperstown/Binford Menu for October 2017

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Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef stew Coleslaw Roll Fruit	3	4 Spaghetti & meat sauce Lettuce salad Garlic toast Cake	5 Supper Night Entrée: Turkey & trimmings	6 Shepard's pie Green beans Roll Pudding
9 Beef tips with Mashed potatoes Wax beans Cookie	10	11 BBQ chicken Augratin potatoes Beets Fruit	12	13 Chicken fried steak Mashed potatoes & Country gravy Corn Poke cake
16 Creamy chicken over noodles Peas Roll Brownie	17	18 Lasagna Lettuce salad Garlic toast Fruit crisp	19 Supper Night Entrée: BBQ Ribs	20 Fish Scalloped potatoes Carrots Cookie
23 Salisbury steak Mashed potatoes & gravy Peas Pudding	24	25 Beef tips over Mashed potatoes Corn Pudding	26	27 Cabbage rolls Augratin potatoes Carrots Fruit
30 Shredded beef on a bun Baby bakers Corn Cookie	31 Halloween 			

