

Cooperstown/Binford Menu for November 2018

Lunch is served at 11:30 AM All meals include ~ Bread, Milk, Margarine and Coffee

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Fish Parsley potatoes Peas & carrots Pudding
5 Ham Yams Mixed vegetables Peaches Cookie	6	7 Beef stew Lettuce salad Breadstick Tropical fruit	8	9 Salisbury steak Mashed potatoes & gravy Mixed vegetables Juice Pudding
12 Chicken strips Cheesy hashbrowns Peas Applesauce Cake	13	14 Meatloaf Baked potato Spinach Mandarin oranges	15	16 Lasagna Lettuce salad Garlic toast Wax beans Apricots Cookie
19 Cabbage rolls Augratin potatoes Carrots Pears	20	21 Pork roast Mashed potatoes & gravy Carrots Apricots Bar	22 	23 Tator tot hotdish Green beans Coleslaw Mandarin oranges
26 Stuffed bell pepper Scalloped potatoes Beets Apple rings	27	28 Oven chicken Oven potatoes Wax beans Jello with fruit	29	30 Fish Paprika potatoes Green beans Fruit Bar

Cooperstown/Binford Menu for December 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
3 Country fried steak Mashed potatoes & country gravy Carrots Fruit cocktail	4	5 Spaghetti & meat sauce Lettuce salad Green beans Pudding	6	7 Honey mustard chicken Scalloped potatoes Peas & carrots Peaches
10 BBQ chicken Oven potatoes Corn Apricots Pudding	11	12 Pork chops Baked potatoes Baby carrots Fruit cocktail	13	14 Beef stroganoff over noodles Wax beans Tropical fruit Cookie
17 Polish sausage Mashed potatoes Sauerkraut Peaches Cookie	18	19 Hamburger hotdish Lettuce salad Key West vegetables Breadstick Fruit crisp	20	21 Fish Augratin potatoes Broccoli Pudding
24 French Toast American Fries Sausage Patty Fruit	25 	26 BBQ meatballs Parsley potatoes Wax beans Pudding	27	28 Lasagna Green beans Lettuce salad Garlic toast Jello with fruit
31 Pancakes Sausage links Juice Fruit salad	1 			