


Carrington's Menu for September 2017 (652-3257)

All Meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and Dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Swiss steak Mashed potatoes Carrots Bar Bingo	2
3	4 Labor Day Center CLOSED 	5 Pork chops Mashed potatoes Harvard beets Pudding Golf	6 Make up Meal - Evening BBQ chicken Potato salad Green beans Cake Pinochle – 2:30 PM Supper – 5:30 PM Roger Lauckner after meal	7 Vegetable beef soup Egg salad sandwich Peaches Cookie Whist	8 Tuna noodle hotdish Peas Moon cake Juice Bingo	9
10	11 Meatballs Mashed potatoes Corn Peaches Board Meeting – 12:30 PM Business Meeting – 1:00 PM Pool – 1:30 PM	12 Lasagna Lettuce salad Garlic toast Ice cream Hymn Sing Cribbage	13	14 Creamed chicken breast Baked potato Green beans Bar Older Blind presentation by James Drew Golf	15 Steak in gravy Potatoes Peas & carrots Cake Bingo	16
17	18 Cheeseburger on a bun Baked beans Coleslaw Tropical fruit Pinochle	19 Roast pork Mashed potatoes Squash Applesauce Longview Ladies Chorus Whist	20 Potluck Senior Cooking presentation – 1:30 PM	21 Salisbury steak Baked potato Creamed corn Cake Cribbage	22 Chicken strips Hashbrown casserole Peas Cookie Bingo	23
24	25 Spaghetti with meat sauce Lettuce salad Garlic toast Mandarin oranges in vanilla pudding Pool	26 Turkey Potatoes Green beans Jello with fruit Golf	27	28 Swedish meatballs Potatoes California blend vegetables Pears Pinochle	29 Fish Macaroni & cheese Carrots Raisin bars Bingo	30

Carrington's Menu for October 2017 (652-3257)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Pepper steak Baby potatoes Prince Edward vegetables Butterscotch pudding Whist	3 Ham Sweet potato Peas Pineapple Cribbage	4	5 Cabbage rolls Au gratin potatoes Peas & carrots Pumpkin bar Ron Kalden – piano Mexican Train Dominos	6 Tomato soup Grilled cheese sandwich Peaches Juice Bingo	7
8	9 Salmon loaf Potato Harvard beets Rice pudding Board Meeting – 10:30 PM Pool	10 BBQ ribs Baked potato 3 bean salad Brownie Hymn sing Pinochle	11	12 Meatballs Mashed potatoes Corn Plums Golf	13 Turkey noodle casserole Green beans Bar Juice Bingo	14
15	16 Tator tot hotdish Mixed vegetables Pineapple upside down cake Whist	17 Pork chops Baked potato Peas Peaches Mexican Train Dominos	18 Potluck	19 Fish Oven fries Green beans Chocolate pudding Cribbage	20 Creamed chicken breast Mashed potatoes California blend vegetables Jello with fruit Bingo	21
22	23 Hamburger on a bun Macaroni salad Peas & carrots Cake Pool	24 Beef stew Biscuits Coleslaw Juice Cookie Pinochle	25	26 Swiss steak Potato Wax beans Applesauce Jim & Al – Two Guitars Golf	27 Pork roast Mashed potatoes Carrots Moon cake Bingo	28
29	30 BBQ on a bun Baked beans Coleslaw Apricots Whist	31 Halloween Oven fried chicken Mashed potatoes Scalloped corn Bread pudding  Cribbage				