

## Carrington's Menu for January 2019 (652-3257)

All Meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and Dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p><b>HAPPY NEW YEAR</b></p>	<p>1 <b>NO Noon Meal</b></p> <p><b>Ugly Sweater Day Pizza Party – 2 PM</b></p>	<p>2 <b>Make-up Noon Meal</b> Meatloaf Scalloped potatoes California blend vegetables Pumpkin pie</p> <p><b>Whist</b></p>	<p>3 Spaghetti with meat sauce Coleslaw Garlic toast Peaches</p> <p><b>Bone Builders – 10 AM Golf</b></p>	<p>4 Hot beef sandwich Mashed potatoes Gravy Carrots Cake</p> <p><b>Bingo</b></p>	5
6	<p>7 Cabbage rolls Mashed potatoes Prince Edward vegetables Pears</p> <p><b>Cribbage</b></p>	<p>8 Meatballs Mashed potatoes Corn Jello with fruit</p> <p><b>Bone Builders – 10 AM Hymn Sing Whist</b></p>	9	<p>10 Fish Baked potato Broccoli Dump cake</p> <p><b>Bone Builders – 10 AM Mexican Train Dominoes</b></p>	<p>11 Roast pork Mashed potatoes Squash Lemon bar</p> <p><b>Bingo</b></p>	12 <b>Lions Club Sausage &amp; French Toast Breakfast 8 to 11 AM</b>
13 <b>Pinochle Tournament – 2 PM</b>	<p>14 Hamburger on a bun Hashbrown casserole Carrots Brownie</p> <p><b>Board Meeting – 10:30 PM Pool</b></p>	<p>15 BBQ chicken Baked potato Coleslaw Apricots</p> <p><b>Bone Builders – 10 AM Golf</b></p>	<p>16 <b>Diabetes Awareness – 11 AM Potluck</b></p>	<p>17 Pork chop Potatoes Peas Pudding</p> <p><b>Bone Builders – 10 AM AARP Fraud Fighter presentation – following noon meal Cribbage</b></p>	<p>18 Tuna noodle casserole Green beans Peaches</p> <p><b>Roger Lauckner - music Bingo</b></p>	19
20	<p>21 Cubed steak with peppers Mashed potatoes Mixed vegetables Pudding</p> <p><b>Whist</b></p>	<p>22 Meatloaf Baked potato Beets Peaches</p> <p><b>Bone Builders – 10 AM Mexican Train Dominoes</b></p>	23	<p>24 Ham Sweet potatoes Broccoli Applesauce</p> <p><b>Bone Builders – 10 AM Golf</b></p>	<p>25 Tomato soup Grilled cheese Lettuce salad Juice Bar</p> <p><b>Bingo</b></p>	26
27 <b>Whist Tournament – 2 PM</b>	<p>28 Creamed chicken breast Baked potato Wax beans Moon cake</p> <p><b>Activity Meeting – 9 AM Pool</b></p>	<p>29 Polish sausage Sauerkraut Potatoes Green beans Pears</p> <p><b>Bone Builders – 10 AM Cribbage</b></p>	30	<p>31 Swedish Meatballs Mashed potatoes Creamed corn Plums</p> <p><b>Bone Builders – 10 AM Whist</b></p>		

## Carrington's Menu for February 2019 (652-3257)

**All Meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and Dessert**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Salmon loaf Scalloped potatoes Peas Applesauce  <b>Bingo</b>	2
3	4 Salisbury steak Mashed potatoes Scalloped corn Bar  <b>Mexican Train Dominoes</b>	5 Oven fried chicken Mashed potatoes Carrots Jello with fruit  <b>Bone Builders – 10 AM Golf</b>	6	7 BBQ on a bun Oven fries Coleslaw Tropical fruit  <b>Bone Builders – 10 AM Cribbage</b>	8 Fish Baby bakers Peas & carrots Peaches  <b>Bingo</b>	9
10  <b>Pinochle Tournament – 2 PM</b>	11 Swiss steak Baked potato California blend vegetables Cake  <b>Board Meeting – 10:30 AM Pool</b>	12 BBQ chicken breast Mashed potatoes Peas Pudding  <b>Bone Builders – 10 AM Hymn Sing Whist</b>	13	14 <b>Happy Valentine's Day</b> Lasagna Lettuce salad Garlic toast Apricots   <b>Bone Builders – 10 AM Bernie &amp; The Other Guy Pinochle</b>	15 Chicken noodle soup Ham salad sandwich Coleslaw Juice Raisin Bar  <b>Bingo</b>	16
17	18 <b>Happy Presidents Day</b> Chicken strips Baby bakers Carrots Plums   <b>Golf</b>	19 Tator tot hotdish Mixed vegetables Tropical fruit Cookie  <b>Bone Builders – 10 AM Cribbage</b>	20  <b>Diabetes Awareness – 11 AM Potluck</b>	21 Pork chop Scalloped potatoes Coleslaw Bread pudding  <b>Bone Builders – 10 AM Mexican Train Dominoes</b>	22 Tomato soup Grilled cheese sandwich Lettuce salad Cake  <b>Bingo</b>	23
24  <b>Whist Tournament – 2 PM</b>	25 Ham Sweet potatoes Peas & carrots Applesauce  <b>Pool</b>	26 Roast beef Mashed potatoes Corn Mandarin oranges  <b>Bone Builders – 10 AM Ron Kolden - piano Pinochle</b>	27	28 Tuna noodle casserole Peas Cheese slice Bar  <b>Bone Builders – 10 AM Whist</b>		