


Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for March 2017

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Spaghetti Garlic toast Lettuce salad Cheesecake 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	2 Soup Sandwich Fruit Juice 5:30 PM Supper Entrée: Meatballs Entertainment: Tim & Becky Hager	3 Fish Baby bakers Carrots Pudding 9:30 AM – Bone Builders' Exercise 1 PM – Bingo	4 Hot dog on a bun Baked beans Pickled beets Cookie
5 Parmesan chicken Augratin potatoes Mixed vegetables Cake	6 Roast beef Mashed potatoes & gravy Green beans Fruit 9:30 AM – Advisory Board meeting 1:15 PM – Whist	7 Chicken alfredo with noodles Peas Roll Brownie 1:15 PM - Pinochle	8 Pork roast Mashed potatoes & gravy Carrots Pudding 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	9 Riblettes Baked beans Potato salad Whipped jello 1:15 PM – Pinochle Day	10 Fish Parsley potatoes Peas & carrots Cookie 9:30 AM – Bone Builders' Exercise 1 PM – Bingo	11 Calico bean hotdish Breadsticks Pudding
12 Ham Yams Key West vegetables Dump cake	13 Hamburger hotdish Corn Roll Pudding 1:15 PM - Whist	14 Chicken chunks Cheesy hashbrowns Green beans Bar 12 Noon - NARFE 1:15 PM - Pinochle	15 Cabbage rolls Augratin potatoes Carrots Fruit 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	16 Soup Sandwich Fruit Juice 5:30 PM Supper – Wear Green Nite Entrée: Corned beef & cabbage Entertainment: Sing-A-Long with the Schelkoph Family & Elsie Keys	17 St. Patrick's Day Fish Scalloped potatoes Mixed vegetables Fruit  9:30 AM – Bone Builders' Exercise 1 PM - Bingo	18 Chicken salad on croissant Chips Pickled beets Fruit
19 Roast beef Mashed potatoes & gravy Corn Two tone dessert	20 Turkey Stuffing Green beans Fruit 1:15 PM - Whist	21 Chicken kiev Oven potatoes Broccoli Cake 1:15 PM - Pinochle	22 Swiss steak Mashed potatoes Peas & carrots Pudding 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	23 Chicken pot pie Lettuce salad Cheesecake 1:15 PM – Pinochle Tournament	24 Fish Paprika potatoes Wax beans Fruit 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	25 Riblette on a bun Baby bakers Carrots Cookie
26 Pork chops Augratin potatoes Green beans Brownie	27 Teriyaki chicken Fried rice Carrots Pudding 1:15 PM – Whist	28 Meatloaf Baked potatoes Spinach Jello with fruit 1:15 PM - Pinochle	29 Chicken fried steak Mashed potatoes & country gravy Corn Lemon bar 9:30 AM – Bone Builders' Exercise 1:15 PM - Whist	30 Lasagna Lettuce salad Garlic toast Fruit 2-3 PM – Pie Day	31 Fish Rice Prince Edward vegetables Pudding 9:30 AM – Bone Builders' Exercise 1 PM - Bingo	


Serving Times:

Monday – Friday - 11:30 AM

Saturday - 12:00 PM Sunday - 12:30 PM

Valley City's Menu for April 2017

All meals include ~ 2 slices of Whole Grain Bread, 1 cup of 1% Milk, Margarine, Coffee and dessert

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Ham salad on croissant Baked beans Beets Bar
2 Chicken cordon bleu Baby bakers Corn Roll Oreo dessert	3 Beef stroganoff over noodles Wax beans Pudding 9:30 AM – Advisory Board Meeting 1:15 PM - Whist	4 Cabbage rolls Paprika potatoes Carrots Cake 1:15 PM - Pinochle	5 Meatloaf Mashed potatoes Peas & carrots Whipped jello 9:30 AM – Bone Builders’ Exercise 1:15 PM - Whist	6 Soup Sandwich Fruit Juice 5:30 PM Supper Entrée: Salisbury Steak Entertainment: “The Newcomers” – Mikey Meester & Eric Johnson	7 Fish Oven potatoes Peas Fruit 9:30 AM – Bone Builders’ Exercise 1 PM - Bingo	8 Sausage Sauerkraut Mashed potatoes Mixed vegetables Pudding
9 Meatballs Mashed potatoes & gravy Green beans Cheesecake	10 BBQ chicken Baby bakers Corn Fruit 1:15 PM - Whist	11 Hamburger chow mein Peas & carrots Roll Cake 12 Noon – NARFE 1:15 PM – Pinochle	12 Beef tips over Mashed potatoes Wax beans Pudding 9:30 AM – Bone Builders’ Exercise 1:15 PM – Whist	13 Spaghetti Lettuce salad Garlic toast Fruit 1:15 PM – Pinochle Day	14 Fish Augratin potatoes Broccoli Bar 9:30 AM – Bone Builders’ Exercise 1 PM - Bingo	15 Egg salad on croissant Baked beans Pickled beets Cookie
16 Happy Easter Center CLOSED 	17 Creamy chicken over noodles Peas Roll Pudding 1:15 PM - Whist	18 Hot beef Mashed potatoes & gravy Carrots Dump cake 1:15 PM - Pinochle	19 Pork chops Mashed potatoes & gravy Peas Cookie 9:30 AM – Bone Builders’ Exercise 1:15 PM - Whist	20 Soup Sandwich Fruit Juice 5:30 PM Supper Entrée: Ham Entertainment: Greg Hager	21 BBQ meatballs Mashed potatoes Green beans Pudding 9:30 AM – Bone Builders’ Exercise 1 PM - Bingo	22 Calico beans Coleslaw Breadstick Fruit
23 Oven chicken Augratin potatoes Peas Fruit crisp	24 Hamburger hotdish Corn Roll Fruit 1:15 PM - Whist	25 Porkloin Mashed potatoes & gravy Carrots Jello 1:15 PM – Pinochle	26 Lasagna Lettuce salad Garlic toast Cheesecake 9:30 AM – Bone Builders’ Exercise 1:15 PM - Whist	27 Teriyaki chicken Fried rice Key West vegetables Pudding 1:15 PM – Pinochle Tournament	28 Chicken fried steak Mashed potatoes & country gravy Green beans Lemon bar 9:30 AM – Bone Builders’ Exercise 1 PM - Bingo	29 Tator tot hotdish Mixed vegetables Roll Fruit
30 Pot roast Oven potatoes Carrots Roll Brownie						

